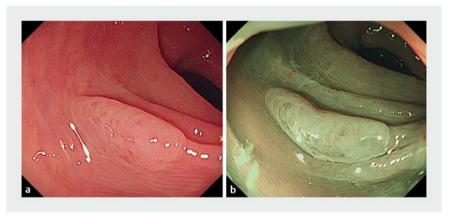
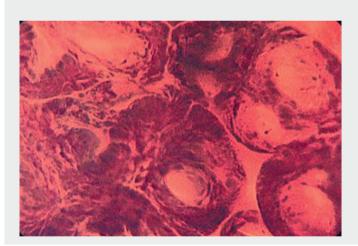
# New-generation endocytoscopy with CM double staining for optical characterization of colon sessile serrated adenoma



▶ Fig. 1 A colon polyp was detected at the sigmoid colon. a White-light image. b Narrowband image.



▶ Video 1 Endocytoscopy with CM double staining (crystal violet and methylene blue) to characterize the colon sessile serrated adenoma, demonstrating dilated oval crypt openings with some small round nuclei.

New-generation endocytoscopy (single lens, continuous zoom) enables in vivo ultra-high magnification (520×) for visualization at the cellular level and allows a precise pathological prediction of gastrointestinal (GI) neoplasia [1]. A 60-year-old man received colonoscopy screening owing to a positive fecal immunochemical test. A 1.2-cm slightly whitish colon polyp was found at the sig-

moid colon by white imaging and narrow-band imaging (▶ Fig. 1). Endocytoscopy (CF-H290ECI endocytoscope; Olympus, Tokyo, Japan) was performed after CM double staining (0.05% crystal violet and 1% methylene blue mixture) (▶ Fig. 2, ▶ Video 1). It showed dilated gland lumens, i.e., oval crypt openings with some small round nuclei (▶ Fig. 3) [2–4]. Polypectomy was done, and the



▶ Fig. 2 Prior to endocytoscopic observation, a mixture of 0.05% crystal violet and 1% methylene blue was prepared to stain the cytoplasm and nucleus, respectively.

histology revealed typical features of sessile serrated adenoma, with dilated and L-shaped crypts (> Fig. 4) [5]. Sessile serrated adenomas are precursors of colorectal cancers and must be distinguished from hyperplastic polyps and treated endoscopically. Endocytoscopy is a promising tool for optical characterization of sessile serrated adenoma to guide subsequent endoscopic management.

Endoscopy\_UCTN\_Code\_CCL\_1AD\_2AB

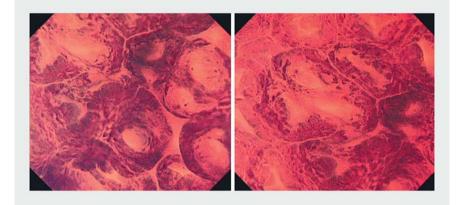
## Competing interests

The authors declare that they have no conflict of interest.

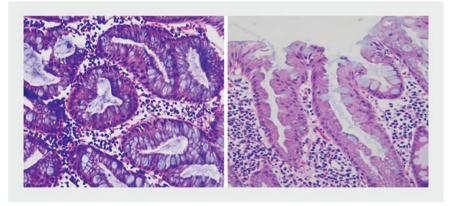
#### The authors

Wen-Lun Wang<sup>1,2</sup> Hsiu-Po Wang<sup>3</sup>, Ming-Lun Han<sup>3</sup>, Ching-Tai Lee<sup>1</sup>

- Department of Internal Medicine, E-Da Hospital/I-Shou University, Kaohsiung, Taiwan
- 2 School of Medicine, College of Medicine, I-Shou University, Kaohsiung, Taiwan
- B Department of Internal Medicine, National Taiwan University Hospital, Taipei, Taiwan



▶ Fig. 3 Endocytoscopy for characterization of sessile serrated adenoma demonstrated dilated crypt openings with some small round nuclei.



▶ Fig. 4 The pathological analysis of the polyp showed dilated and L-shaped crypts, which are compatible with the diagnosis of sessile serrated adenoma.

# Corresponding author

#### Ching-Tai Lee, MD

Department of Internal Medicine, E-Da Hospital/I-Shou University, No.1, Yida Road, Jiaosu Village, Yanchao District, Kaohsiung City 82445, Taiwan Fax: +886-7-6150940 fattoo@gmail.com

## References

[1] Kudo T, Kudo SE, Mori Y et al. Classification of nuclear morphology in endocytoscopy of colorectal neoplasms. Gastrointest Endosc 2017; 85: 628–638

- [2] Mori Y, Kudo SE, Ogawa Y et al. Diagnosis of sessile serrated adenomas/polyps using endocytoscopy (with videos). Dig Endosc 2016; 28: 43–48
- [3] Kutsukawa M, Kudo SE, Ikehara N et al. Efficiency of endocytoscopy in differentiating types of serrated polyps. Gastrointest Endosc 2014; 79: 648–656
- [4] Ogawa Y, Kudo SE, Mori Y et al. Use of endocytoscopy for identification of sessile serrated adenoma/polyps and hyperplastic polyps by quantitative image analysis of the luminal areas. Endosc Int Open 2017; 5: e769–e774
- [5] Rosty C, Hewett DG, Brown IS et al. Serrated polyps of the large intestine: current understanding of diagnosis, pathogenesis, and clinical management. J Gastroenterol 2013; 48: 287–302

# **Bibliography**

Endoscopy 2022; 54: E370–E371

DOI 10.1055/a-1541-7470

ISSN 0013-726X

published online 9.8.2021

© 2021. Thieme. All rights reserved.

Georg Thieme Verlag KG, Rüdigerstraße 14, 70469 Stuttgart, Germany

# ENDOSCOPY E-VIDEOS https://eref.thieme.de/e-videos



Endoscopy E-Videos is an open access online section, reporting on interesting cases

and new techniques in gastroenterological endoscopy. All papers include a high quality video and all contributions are freely accessible online. Processing charges apply (currently EUR 375), discounts and wavers acc. to HINARI are available.

This section has its own submission website at https://mc.manuscriptcentral.com/e-videos