

# Intravascular Treatment Techniques for Locoregional Therapies of Lung Tumors

## Intravaskuläre Therapieverfahren zu lokoregionalen Therapien von Lungentumoren

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### ABSTRACT

**Background** Lung cancer incidence has greatly increased over the past century. Moreover, the lung is the most common site of metastatic involvement. Despite improvements in the diagnosis and treatment of lung malignancies, patient prognosis is still unsatisfactory. Locoregional chemotherapeutic techniques for the treatment of lung malignancies are the current focus of research. The aim of this review article is to present different locoregional intravascular techniques and their treatment principles and to assess the pros and cons of each of them as a palliative and neoadjuvant treatment method in the treatment of lung malignancy.

**Method** The different methods for the treatment of malignant lung lesions such as isolated lung perfusion (ILP), selec-

tive pulmonary artery perfusion (SPAP), transpulmonary chemoembolization (TPCE), bronchial artery infusion (BAI), bronchioarterial chemoembolization (BACE), and intraarterial chemoperfusion (IACP) are evaluated comparatively.

**Results** Locoregional intravascular chemotherapy procedures are proving to be promising treatment options in the management of malignant lung tumors. In order to achieve optimal results, the locoregional technique should be used to achieve the highest possible uptake of the chemotherapeutic agent into the target tissue with rapid systemic clearance.

**Conclusion** Among the various treatment options for lung malignancies, TPCE is the best evaluated treatment concept. However, further studies are necessary to define the optimal treatment concept with the best clinical outcomes.

### Key Points

- There are various intravascular chemotherapy methods for the treatment of lung malignancies.
- Transpulmonary chemoembolization (TPCE) is currently the most extensively evaluated treatment method for lung malignancies.
- Thermoablation after neoadjuvant chemoperfusion is a promising therapy for treating lung malignancies.

### Citation Format

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### ZUSAMMENFASSUNG

**Hintergrund** Die Inzidenz von Lungenkarzinomen hat im letzten Jahrhundert stark zugenommen. Darüber hinaus ist die Lunge der häufigste Ort der Metastasierung. Trotz der verbesserten Diagnostik und Therapie von Lungenmalignomen ist die Prognose der Patienten noch immer unbefriedigend. Lokoregionäre chemotherapeutische Techniken zur Behandlung von Lungenmalignomen haben heutzutage die Aufmerksamkeit der Forschung auf sich gezogen. Ziel dieses Übersichtsartikels ist es, verschiedene lokoregionale intravaskuläre Techniken und deren Behandlungsprinzipien vorzustellen und die jeweiligen Vor- und Nachteile als palliative und neoadjuvante Behandlungsmethode bei der Behandlung von Lungenmalignomen zu evaluieren.

**Methode** Die verschiedenen Verfahren bei der Behandlung von Lungenmalignomen wie isolierte Lungenperfusion (ILP), selektive pulmonale Arterienperfusion (SPAP), transpulmonale Chemoembolisation (TPCE), Bronchialarterieninfusion (BAI), Bronchialarterienchemoembolisation (BACE) und intraarterielle Chemoperfusion (IACP) werden vergleichend bewertet.

**Ergebnisse** Lokoregionale intravaskuläre Chemotherapieverfahren erweisen sich als vielversprechende Behandlungsoptionen bei der Behandlung von malignen Lungentumoren.

Um optimale Ergebnisse zu erreichen, sollte mittels lokoregionaler Technik eine möglichst hohe Aufnahme des Chemotherapeutikums in das Zielgewebe mit schneller systemischer Clearance erzielt werden.

**Schlussfolgerung** Unter den verschiedenen Behandlungsoptionen bei Lungenmalignomen ist die TPCE das am besten evaluierte Behandlungskonzept. Allerdings sind weitere Studien nötig, um das optimale Behandlungskonzept mit den besten klinischen Ergebnissen zu definieren.

## Introduction

Lung cancer continues to be the most commonly diagnosed malignant solid tumor. In spite of the numerous treatment options, it is still one of the main causes of cancer-related death. Despite the numerous treatment options, lung cancer was the second most commonly diagnosed cancer (11.4 %) and the most common cause of cancer-related death (20 %) in the year 2020 [1]. Among men, it is the most common cause of cancer-related morbidity and mortality while it is the third most common cancer in women after breast cancer and colon cancer and is the second most common cause of cancer-related mortality after breast cancer. Moreover, with the exception of the lymph nodes, the lung is the most common site of metastatic involvement in all invasive malignant diseases with an estimated cumulative incidence of 20–50 % for non-pulmonary malignancies. In the case of sarcomas, the lung is often even the only organ with metastases, with isolated pulmonary metastases occurring in up to 20 % of patients with sarcoma over the course of their disease [2]. In patients with metastatic melanoma, isolated pulmonary metastases are seen in 2–11 % of patients. In renal cell carcinoma, the lung is involved either as the only organ or as part of multiple metastases in 75 % of cases. Isolated metastases in the lung are common. However, singular metastases are seen in only 1–4 % of cases [3]. The 5-year survival rate of patients with bronchogenic carcinoma (approximately 18 %) is highly dependent on factors like disease stage and treatment modality and ranges from 4 % to 28 %. Therefore, for example, the median survival time is 31.4 months for stage IIIB patients who underwent surgical resection vs. 12.9 months in patients who did not undergo surgery [4].

In spite of improved diagnosis and treatment methods, the prognosis of patients is still unsatisfactory [5] since every treatment option has limitations. Although surgical resection is still the best treatment option for patients with early-stage non-small cell lung cancer and for patients with a limited number of pulmonary metastases of extrathoracic origin, it is only indicated for a minority of patients due to either comorbidities or an advanced disease stage (in approx. 70 % of patients) [5]. The ability to perform simultaneous biopsies for further molecular analyses and tumor verification is a further advantage of resection and ablation. This is in contrast to transarterial and transvenous embolization and radiation. The disadvantages of resection are stress on the patient due to general anesthesia, postoperative pain syn-

drome particularly in extensive metastasis resection, and reduction of functional lung parenchyma. Prior treatments like radiation also affect the lung parenchyma.

Systemic chemotherapy also offers only a limited treatment option for patients with advanced bronchogenic carcinoma [6] or pulmonary metastases due to the minimal improvement in survival rate [7] and the relatively high rate of side effects, resulting in an increased demand for new treatment strategies [8, 9] and support for the development of locoregional chemotherapy techniques. The main goal of regional techniques is to achieve higher drug concentrations in target tumors while reducing side effects [6]. In combination with biopsy and local ablation, tumor verification and molecular analysis can be subsequently performed. Based on a review of the literature, the most important locoregional chemotherapy techniques for treating malignant pulmonary diseases are isolated lung perfusion (ILP), selective pulmonary artery perfusion (SPAP), transpulmonary chemoembolization (TPCE), bronchial artery infusion (BAI), bronchial artery chemoembolization (BACE), intraarterial chemoperfusion (IACP), and thermoablation [10–12]. Radiation, metastases resection, and ablation are competing methods.

The individual locoregional techniques in the treatment of pulmonary malignancies (► **Table 1**) are evaluated in this review article and compared to one another.

### 1. Isolated lung perfusion (ILP)

Starting in the 1950 s, isolated lung perfusion (ILP) was developed for the treatment of lung tumors to improve the survival of patients with lung metastases. ILP is based on the concept of injecting a high dose of the chemotherapy drug with the lowest systemic toxicity into the lung by cannulation of the pulmonary arteries and veins [13]. The pulmonary artery is surgically exposed and perfused by means of cannulas. An essential element of this approach is extracorporeal circulation, which allows a closed perfusion circuit [14]. In ILP, the local injection of chemotherapeutics into the lung together with local hyperthermia was able to improve absorption and increase the cytotoxic effect of the applied medications [15]. Muller et al. reported that the concentration of chemotherapeutics at the tumor site is double the amount in systemic chemotherapy [16]. Numerous animal studies were able to confirm these promising results [17]. However, ILP has not become clinically established since it is not reproducible. Moreover, the technique which requires either a thoracotomy or other less

► **Table 1** Minimally invasive treatment methods for regional therapy of lung metastases.

Vascular methods	Ablative methods
Isolated lung perfusion (ILP)	Radiofrequency ablation (RFA)
Selective pulmonary artery perfusion (SPAP)	Laser-induced thermotherapy (LITT)
Transpulmonary chemoembolization (TPCE)	Microwave ablation (MWA)
Bronchial artery infusion (BAI) (BAI)	Cryoablation
Bronchial artery chemoembolization (BACE)	
Intraarterial chemoperfusion (IACP)	Electroporation

invasive surgical techniques is very complex [18]. A further complication of ILP is the systemic inflammatory response that often occurs as a result of the secretion and/or release of cytokines [19].

## 2. Selective pulmonary artery perfusion (SPAP)

The goal of this technique in the treatment of lung cancer was to compare the uptake of gemcitabine and carboplatin during selective pulmonary artery perfusion (SPAP) and intravenous infusion (IV). SPAP is performed by means of venous puncture of the femoral vein, insertion of a selective catheter into the pulmonary artery, and further perfusion of chemotherapy drugs. To delay the washout of chemotherapeutic agents out of the lung, the circulation is occluded for approximately 30 minutes so that blood flow ceases. In a study by van Putte et al. [20], SPAP with carboplatin and/or gemcitabine had better uptake of cytostatics into the lung and mediastinal lymph nodes compared to intravenous infusion. However, the systemic absorption for both techniques was the same. In a further animal study by Den Hengst et al. [21], the authors concluded that the survival rate after the treatment of lung metastases of sarcomas with the SPAP technique using melphalan is just as effective as ILP but is significantly better than systemic intravenous injection of melphalan.

## 3. Transpulmonary chemoembolization (TPCE)

A further alternative is transpulmonary chemoembolization (TPCE) (► **Fig. 1**). This is a reproducible percutaneous method that makes invasive methods superfluous [17, 22]. In this technique transfemoral placement of an endovascular 5F sheath and a 5F headhunter catheter is performed under fluoroscopy guidance and these are advanced until the pulmonary artery and then the tumor-supplying segment of the pulmonary branch are reached. For better results, a balloon catheter (diameter up to 7 mm) is optionally placed [23]. This selective pulmonary artery catheterization results in blocking of the arterial supply of the tumor tissue resulting in regional ischemic necrosis in the target tumor tissues while decreasing damage to the surrounding normal lung parenchyma. Chemotherapeutic agents are then admin-



► **Fig. 1** a Bronchial carcinoma and regional transarterial chemo-perfusion (TACP), transarterial chemoembolization (TACE). CT imaging showing a mass on the right side, confluent, measuring 35 × 42 mm (arrow). b: Selective contrast injection into the artery of the lower lobe on the right side (arrows tumor region). c: DSA with stasis of the contrast perfusion and embolic agent mixture using mitomycin, cisplatin, irinotecan, lipiodol, and EmboCept S in the artery of the lower lobe. d: CT follow-up four weeks after TPCE. Documentation of a volume reduction with central liquefaction and air inclusions (arrow). e: Non-contrast series. Coronal T1-weighted TR/TE sequence 500/12. Significant reduction in the volume of the central mass, central cavity formation. No bleeding, good response.

nistered in combination with injection of lipiodol and microspheres [23]. This extends the time that the injected cytostatics remain in the tumors [24] and reduces outflow into the circulatory system [10, 23]. Consequently, the frequency and severity of systemic effects are limited [25]. Other occlusion materials include coils, polyvinyl alcohol, degradable starch microspheres, and gelatin sponges. Initial results showed similar effectiveness to that of ILP and the same superiority compared to systemic chemotherapy [26]. The principle of this treatment technique is similar to that of transarterial chemoembolization (TACE) of liver tumors, which is an established and successful palliative method for treating primary and secondary liver tumors [24]. The transfer of this successful technique from the liver to the lung as a less invasive technique is currently being evaluated with promising initial results [27]. This can be attributed to the dual blood supply of the lungs and the perfusion of lung tumors by microvessels both from the bronchial and the pulmonary blood supply [24, 28, 29]. In TPCE, a high dose of a cytostatic agent is administered directly

into the lung with tumor involvement. A systemic load is prevented by the simultaneous embolization of the vessels so that the medication remains exclusively in the target organ (► **Fig. 2**, ► **Fig. 3**).

Newer approaches using drug-eluting beads for controlled release of the therapeutic agent are still being examined [30]. The present data indicates that TPCE is well tolerated [25]. Initial results showed that the local control and the survival of patients with lung metastases can be improved. Better results were also achieved in combination with ablative therapy as a neoadjuvant treatment [25]. However, randomized controlled studies are still needed.

#### 4. Bronchial artery infusion (BAI) and bronchial artery chemoembolization (BACE)

Numerous studies on bronchial artery infusion (BAI) for the treatment of primary lung cancer alone or in an adjuvant or neoadjuvant context can be found in the literature [11, 25, 31–33]. BAI is also used in combination with radiation therapy and pulmonary artery perfusion. BAI was also used in a very limited scope for the treatment of lung metastases in colorectal cancer [31]. In 1965, the BAI technique was described for the first time by Kahn et al. [32]. It is a reproducible technique that is performed under angiographic guidance with a 5F catheter. The catheter is inserted using a transfemoral approach and advanced to the bronchial artery. Better results were reported in organs with a dual blood supply, particularly when the tumor has a different perfusion source than the primary organ [33]. Superselective catheterization can be performed using a coaxial microcatheter with subsequent injection of mono or combined chemotherapeutic agents.

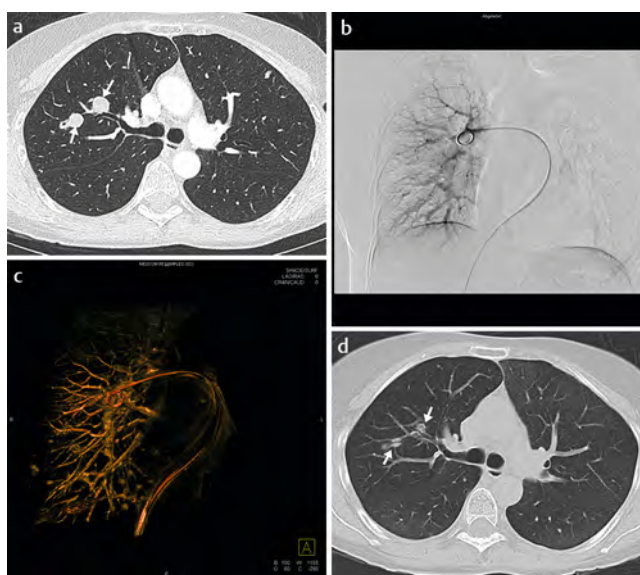
Sheng et al. reported that BAI is used in the local administration of immunotherapy in lung metastases of hepatocellular carcinoma (HCC) [34]. Kaseda et al. reported that BAI is used in combination with systemic chemotherapy and radiation therapy for the treatment of recurrent thymic large cell carcinoma [35]. In spite of the low reported complication rate of BAI [36], there are some rare but severe complications like spinal cord complications, bronchial or esophageal ulcerations, and the formation of bronchoesophageal fistulas [19].

In bronchial artery chemoembolization (BACE), a combination of cytostatics and embolic agents like lipiodol and EmboCept is injected [11].

#### 5. Intraarterial chemoperfusion (IACP)

Intraarterial chemoperfusion (IACP) is a long-established method for the treatment of lung tumors. In the beginning, it was mainly used in a palliative context to improve performance and to reduce complications by applying chemotherapeutic agents as close as possible to the target tumor [37]. IACP was used not only for the treatment of lung tumors but also for other types of tumors [38].

In 1984, Collins [39] reported a theoretical advantage of intraarterial chemotherapy compared to systemic chemotherapy. He determined that the advantage of intraarterial chemotherapy could be maximized by infusing medications with high total body clearance into the vessels that supply the tumor with a low flow rate. Other animal experiments showed that infusion of medica-



► **Fig. 2** **a** Axial CT imaging with documentation of two metastases in colorectal cancer (T3N0M1) in the middle and right upper lobes with a diameter of 13 mm and 18 mm (arrows). Subpleural lesion on the left, post-inflammatory. **b**: Transpulmonary chemoembolization (TPCE) using a transvenous pulmonary artery catheter in the right pulmonary artery. Injection of the perfusion agent using mitomycin, cisplatin, irinotecan. Embolization was performed using EmboCept. **c**: Final follow-up image after TPCE with an increase in density in the region of the pulmonary artery system filled with embolic agent. Dyna CT image using the rotation technique with in situ pulmonary catheter. **d**: Partial remission with significant reduction in the volume of the intrapulmonary lesions. Stable lesion size over a period of 6 months (arrows) on follow-up imaging. Thermal ablation was then performed later over the course of the disease.



► **Fig. 3** **a** The same patient as in ► **Fig. 2** in a different position: Residual intrapulmonary changes with a diameter of 5 mm (arrow). **b**: Thermal ablation via microwave ablation (MWA) (Medtronic system), length of 15 cm, 80 W for 1 minute and 100 W for 3 minutes (arrow) of a remaining lesion in a prone position. Right dorsal puncture under CT fluoroscopy guidance. **c**: Contrast-enhanced MRI follow-up (TR/TE 500/17 sequence). Verification of MWA-induced necrosis with a diameter of 15 mm (arrow).



tions with higher infusion rates resulted in a greater concentration of the medication and sufficient distribution of the medication in the tumor tissue resulting in better clinical results [40].

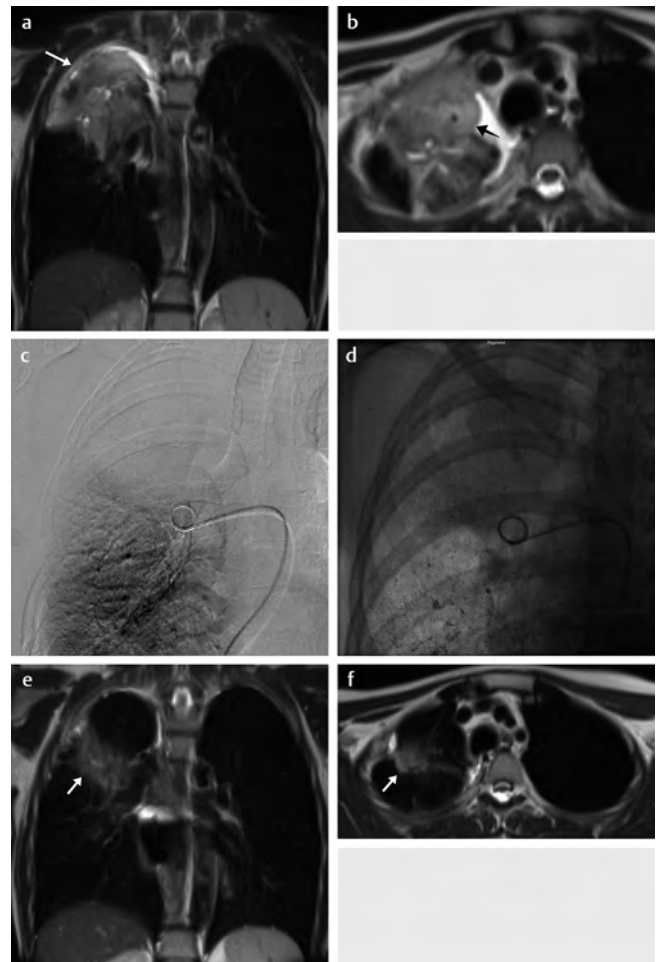
In numerous other studies, IACP was evaluated in the treatment of various tumor types. In 2013, Vogl et al. [41] examined 39 patients with inoperable or recurrent pleural mesothelioma and treated them with nonselective IACP using mitomycin C, cisplatin, and gemcitabine in a palliative context. The infusion catheter was placed in the aorta at the level of the origin of the tumor-supplying vessel and the chemotherapeutics were injected manually with maximum pressure. A good response rate was achieved with 36 % partial remission (PR), 49 % stabilization (SD), and an average survival time of 14.2 months (range: 2.1–33.1) from the start of treatment. The average time to progression was 2.6 months. They also reported a lower rate of side effects (► **Fig. 4**). A relatively good objective and subjective response rate was achieved with IACP. However, data showing the advantage of IACP compared to systemic intravenous chemotherapy regarding the pharmacokinetics of the injected medications and the concentration of the medications in the tumor tissue is still missing.

In the case of pleural mesothelioma, other methods like pleural resection, intensity-modulated radiation, and hyperthermic intrathoracic chemotherapy (HITHOC) can also be considered.

## 6. Thermoablation in lung malignancies as neoadjuvant therapy

In recent years, the treatment of lung cancers with local interventional therapies has increased exponentially [42]. Thermoablation is considered the optimal treatment option for suitable patients, can be performed on an outpatient basis, and is associated with low morbidity and mortality. Thermoablation like laser-induced thermotherapy (LITT), microwave ablation (MWA), radiofrequency ablation (RFA), and cryoablation is based on the destruction of tumor tissue by means of targeted thermal therapy. However, the most important limiting factors are the size of the target tumor (<3 cm) and the number of lesions per lung ( $n \leq 3$ ) [12]. Moreover, the inhomogeneity of the tumor tissue and the lower heat conductivity of the air-filled lung could limit ablation at the tumor margins [43]. Therefore, locoregional chemotherapy is usually needed prior to thermoablation to ensure that it can be safely performed. Stereotactic ablative radiotherapy can also be used here as a competing method [44].

Numerous animal studies examined various periprocedural techniques to improve the efficiency of thermoablation. These include local injection of various medications, e. g. DDMC-p53 gene therapy or lipiodol [45], that attempt to change the tumor microenvironment with the infusion of an NaCl solution in order to reduce the tissue impedance [46] or to close the bronchial or pulmonary artery to reduce heat loss caused by ventilation and perfusion [47]. In 2005, in a retrospective study in patients with lung metastases in colorectal cancer, treatment with chemotherapy was compared to multimodal treatment (including modified pharmacokinetic-modulating chemotherapy, radiation, and radiofrequency ablation (RFA)). The patients treated with multimodal therapy had a significantly higher survival rate. The three-year survival rate was 87.5 % vs. 33.3 % in the



► **Fig. 4** a Patient with breast cancer T3N1M1. Lung metastases with pleural involvement under regional TPCE. Mass on MRI in T2 proton density-weighted MRI sequence. Large mass 10 × 9 cm on the right side with pleural involvement (arrow), extensive infiltration. b: Verification of the tumor extent in axial slice orientation (T2w MRI). Pleural infiltration with involvement of the mediastinal border lamella (arrow). c: Transvenous pulmonary-arterial positioning of a pigtail catheter in the right pulmonary artery. Chemoperfusion via a catheter in situ. Occlusion, embolization, perfusion of the caudal tumor segments using mitomycin, cisplatin, irinotecan. Embolization using lipiodol, EmboCept. End phase of perfusion with residual opacity in the right middle and lower lobes. d: Verification of a subsequent increase in density during angiography and after embolization. e: T1-weighted proton density-weighted MRI sequence with partial remission 4 weeks after second cycle of TPCE. Volume reduction of more than 50 % of the surface. f: More homogeneous visualization, T2-weighted MRI sequence (TR/TE 3000/15). Partial remission. Stabilization of the formation of lesions in the further course.

chemotherapy group [48]. In other studies, an attempt was made to combine thermoablation with other treatment options like radiation therapy or systemic, liposomal, or regional chemotherapy [10, 29, 49].

In another study, Gadaleta et al. [29] reported that the treatment of non-resectable lung tumors with RFA 48 hours after transpulmonary chemoembolization (TPCE) with drug-eluting beads is technically feasible and well tolerated and has an advan-

tage over RFA alone. Zeng et al. reported that the combination of BACE and drug-eluting beads achieved good results in the treatment of advanced lung cancer [50]. In 2019, Vogl et al. [25] concluded that the combination of TPCE and an ablative therapy produced positive results. The advantages of ablation compared to resection would be the lack of a need for general anesthesia and the decreased loss of functional lung parenchyma.

All studies to date are based on the assumption that the optimization of thermoablation by combining it with other locoregional chemotherapy techniques could allow the treatment of patients with larger lesions and a higher tumor burden [10].

## Conclusion

Locoregional intravascular chemotherapy techniques could be a promising treatment option in the treatment of lung malignancies with fewer side effects than systemic chemotherapy. However, additional studies are needed to define the optimal treatment concept with the best clinical results. For good results, it makes sense to use a locoregional technique to achieve high uptake of the chemotherapeutic agent in target tissue with fast systemic clearance of the chemotherapeutic agent being used. It is also conceivable that the use of these techniques as neoadjuvant methods prior to thermoablation could improve survival rates.

## Conflict of Interest

The authors declare that they have no conflict of interest.

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