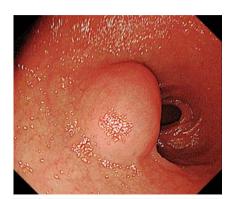
E-Videos

Defect closure with endoscopic suturing improves endoscopic full-thickness resection of duodenal gastrointestinal stromal tumors

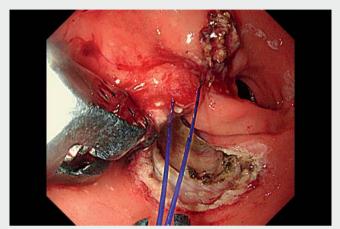




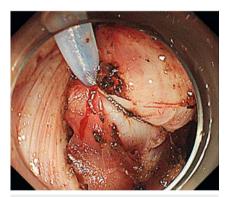
► Fig. 1 The tumor was located in the duodenal bulb.

Endoscopic resection of duodenal gastrointestinal stromal tumors (GISTs) is challenging with non-negligible complications [1]. Endoscopic full-thickness resection (EFTR) is usually required [2] but remains uncommon for unsatisfactory defect closure. Clip-based methods are challenging for closing large defects and can be improved with mucosal flap preservation, which is time-consuming [3]. The strong and reliable whole-layer approximation with endoscopic suturing can change the decision-making of EFTR [2, 4, 5].

A 59-year-old man was referred for a 2-cm muscle-origin tumor in the duodenal bulb (▶ Fig. 1, ▶ Video 1); the digging biopsy failed to confirm its nature. Initially, EFTR with flap preservation for clip defect closure was planned. The resection was partially facilitated with adjustable snare-based traction (▶ Fig. 2) via a snare from an additional gastroscope [3,5]. The traction gastroscope was retracted, and the traction force was adjusted via the snare shaft during EFTR. However, the flap preservation failed, and defect closure with clip-based methods would be problematic [3]. We faced the decision on whether or not to abort this EFTR before perforation. With the backup of endoscopic suturing, we abandoned the flap and carefully dissected a



▶ Video 1 Endoscopic suturing can rescue the defect of endoscopic full-thickness resec-



tion for a duodenal gastrointestinal stromal tumor.

► Fig. 2 Endoscopic full-thickness resection (EFTR) was facilitated with snare-based traction.

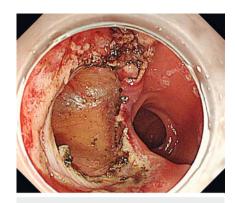


► Fig. 3 We dissected the tumor and defect into the retroperitoneum.

2-cm tumor from the muscle layer into the retroperitoneum (▶ Fig. 3). The 3-cm defect was closed completely with Over-Stitch Sx (Apollo Endosurgery, Austin, Texas, USA) (▶ Fig. 4, ▶ Fig. 5). The patient resumed his diet 2 days later and was discharged uneventfully 4 days after EFTR. Pathology revealed a GIST with R0 resection. It took 45 minutes to preserve the flap, 50 minutes to do EFTR without flap preservation, and 25 minutes to close the defect with Overstitch SX. We

could reduce the procedure time by abandoning the flap preservation with endoscopic suturing. EFTR with defect closure by endoscopic suturing system for duodenal GISTs will be more efficient and reliable.

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► **Fig.4** The perforation after EFTR was approximately 3 cm in size.

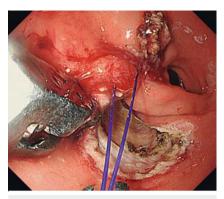
Competing interests

The authors declare that they have no conflict of interest.

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► **Fig. 5** The endoscopic suturing system closed the defect completely.

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