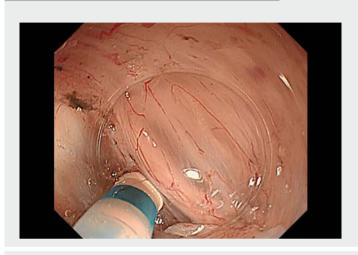
E-Videos

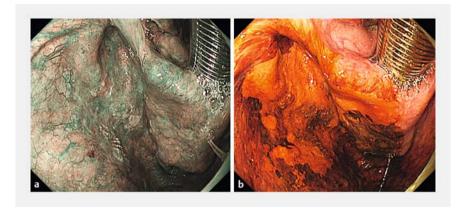
A nerve-preserving strategy for endoscopic submucosal dissection of superficial pharyngeal cancers







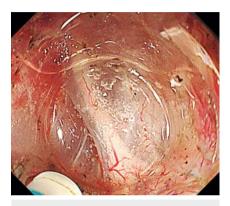
▶ Video 1 A nerve-preserving strategy for endoscopic submucosal dissection of superficial pharyngeal cancers.



▶ **Fig. 1** Superficial pharyngeal cancer: endoscopic imaging clearly reveals the lesion. **a** Narrow-band imaging; **b** Lugol chromoendoscopy.

Endoscopic submucosal dissection (ESD) as a treatment for superficial pharyngeal cancer has been developed and widely accepted by endoscopists in Japan [1,2]. However, a lack of anatomical knowledge can cause complications that are not experienced with gastrointestinal ESD. In the subepithelial layer of the pharyngeal region, the superior laryngeal nerve is a branch of the vagus nerve. The nerve consists of two branches, one of which is

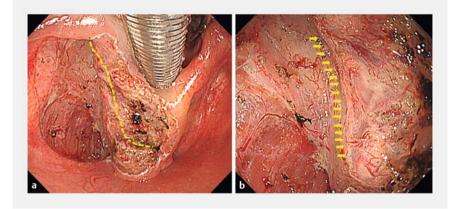
the internal laryngeal nerve that supplies sensory fibers to the laryngeal mucosa [3]. Damage to this nerve may result in postoperative dysphagia and hoarseness due to laryngeal hyposensitivity [4, 5]. As we have encountered several similar complicated cases, we have developed a strategy for preserving the internal laryngeal nerve during pharyngeal ESD. Here, we present a successful case of nerve preservation (> Video 1).



► Fig. 2 The internal laryngeal nerve is recognizable as a white thick band in the subepithelial layer.

ESD was performed under general anesthesia. Narrow-band imaging (NBI) and Lugol chromoendoscopy clearly revealed the lesion (> Fig. 1). We performed a circumferential incision using a dual knife (KD-650Q; Olympus Medical Systems, Tokyo, Japan) from the edge of the arvepiglottic fold. We carefully made a shallow incision to avoid damaging the nerve at the tip of the piriform sinus. After exposing the nerve, we fully injected and continued to dissect the appropriate layer, using the preserved nerve as a landmark (> Fig. 2). Finally, we applied multidirectional traction using Fraenkel laryngeal forceps (Nagashima Medical Instruments Co., Ltd., Tokyo, Japan). The lesion was removed en bloc, and the internal laryngeal nerve was completely preserved within 45 minutes without complications (> Fig. 3). The tumor was 51 mm in size, and histological examination showed squamous cell carcinoma, negative lateral and vertical margins, and no lymphovascular invasion. No postoperative complications were observed. Distinctive anatomical knowledge and treatment strategies are essential to prevent postoperative complications when performing ESD in the pharyngeal region.

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▶ Fig. 3 The lesion was removed en bloc, and the internal laryngeal 2anerve was completely preserved. a Overview of the line of the nerve; b preserved visible nerve.

Competing interests

The authors declare that they have no conflict of interest.

The authors

Takehide Fukuchi¹, Kingo Hirasawa^{1,}, Ryosuke Ikeda², Masafumi Nishio¹, Ryosuke Kobayashi¹, Chiko Sato¹, Shin Maeda²

- 1 Division of Endoscopy, Yokohama City University Medical Center, Yokohama, Japan
- 2 Department of Gastroenterology, Yokohama City University Graduate School of Medicine, Yokohama, Japan

Corresponding author

Kingo Hirasawa, MD, PhD

Division of Endoscopy, Yokohama City University Medical Center, 4-57 Urafunecho, Minami-ku, Yokohama 232-0024, Japan kingo_h@yokohama-cu.ac.jp

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Endoscopy 2023; 55: E910–E911 DOI 10.1055/a-2109-0561 ISSN 0013-726X © 2023. The Author(s).

70469 Stuttgart, Germany

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