# Pursestring encirclement before endoscopic submucosal excavation of a cecal submucosal tumor





**Fig.1** Images of the pursestring encirclement before endoscopic submucosal excavation (PSE-ESE) procedure being performed for a cecal submucosal tumor showing: **a** an endoscopic view of the submucosal tumor in the cecum; **b** the pursestring, consisting of a nylon thread and clips, encircling the tumor; **c** the appearance following injection of the lifting solution; **d** the mucosal incision being made; **e** excavation of the tumor by dissection of the submucosal tissue and muscularis propria; **f** the tumor following its removal; **g** the tissue defect and perforation after ESE; **h** the defect after closure of the perforation by tightening of the ring of encirclement.

Endoscopic submucosal excavation (ESE) has been successfully applied to the resection of gastric submucosal tumors (SMTs) [1–4], but rarely to colonic SMTs because of the inevitability of perforation and subsequent peritonitis. The perforation is usually difficult to close quickly using titanium clips, owing to the collapse of the operational field of view, which is hard to restore by insufflation of carbon dioxide. Here, we report a novel method, named "pursestring encirclement before ESE" (PSE-ESE) (> Video 1), for the endoscopic excavation of a cecal SMT. With the use of PSE-ESE, closure of the colonic perforation became quick and easy.

A 50-year-old man underwent a screening colonoscopy in which an 8-mm SMT was discovered in the cecum (**>** Fig. 1 a). Endoscopic ultrasound examination revealed that the tumor was originating from the serosal layer. Firstly, the purse-



**Video 1** Pursestring encirclement before endoscopic submucosal excavation of a cecal submucosal tumor in a 50-year-old man.

string encirclement, using a nylon thread (HX-400U-30; Olympus) and three titanium clips (ROCC-D-26–195; Micro-Tech Nanjing), was established around the tumor, with the clips placed 5–8 mm away from the tumor margin (**> Fig. 1 b**). Lifting solution, consisting of sodium hyaluronate, saline, and indigo carmine, was then injected submucosally (> Fig. 1 c), and this was followed by a mucosal incision of about 12mm, within the pursestring encirclement (> Fig. 1 d). The SMT was excavated by carefully dissecting the submucosal tissues, muscularis propria, and then the serosal layer (**> Fig. 1 e**), before being resected en bloc and removed (> Fig. 1 f). A Woodpecker knife (EK-425D; Anrei) was used in the ESE procedure. A small hole of 4mm could be seen after the ESE procedure ( $\triangleright$  Fig. 1 g), but this was easily closed within a minute by tightening the ring of encirclement (> Fig. 1 h). No complications such as abdominal pain or fever were observed after the endoscopic surgery. Pathologic examination revealed that the tumor was a lipoma.

PSE-ESE can facilitate the closure of a perforation and avoid peritonitis. It is therefore a feasible, effective, and safe treatment for colonic SMTs.

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## **Competing interests**

The authors declare that they have no conflict of interest.

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## **Bibliography**

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