Gravity-assisted opacification method for confirming hilar biliary obstruction









Fig. 2 Fluorographic images depict the identification of the posterior branch and confirmation of its obstruction. **a** An endoscopic retrograde cholangiopancreatography (ERCP) catheter is advanced into a biliary branch, presumed to be the posterior branch. **b** Injection of the contrast medium commenced. **c** Injection of the contrast medium is halted shortly. **d** Injected contrast medium has gravitated centrally. **e** Injection of the contrast medium has resumed. **f** The posterior branch is being filled with the contrast medium. **g** As the contrast medium is injected, it moves to the ventral area within the posterior branch. **h** Despite near-complete opacification of the posterior branch, the other two major lower branches remain unopacified, indicating obstruction in the posterior branch.

Regardless of various strategies for draining malignant hilar obstructions [1,2], clear guidelines on which biliary branches should be drained are lacking. Branches that are not drained and opacified are at high risk for segmental cholangitis and a poor prognosis [3]. We propose a novel, simple method based on the principle "heavier objects tend to flow downward" for identifying branches to be drained by leveraging the gravitational movement of the contrast medium.

The three major branches should be monitored: the posterior branch, anterior

branch, and left hepatic duct. In the prone position, which is common during endoscopic retrograde cholangiopancreatography, the posterior branch is usually located at the highest point and the left hepatic duct at the lowest point (**> Fig. 1 a-d**).



Video 1 Gravity-assisted opacification method for confirming hilar biliary obstruction.



▶ Fig. 3 Fluorographic image. Initial opacification of the posterior branch without duplication confirmed its obstruction.

By initially injecting contrast medium into a branch presumed to be the posterior branch, we were able to verify its identity and assess whether it was occluded by the other two branches. If the contrast medium remains on the central side due to gravity, this indicates that the branch is likely the posterior branch as it extends backward (upward in the prone position) (**Fig.2a-d**). Similarly, if the contrast medium does not flow from the posterior branch to the other branches, an obstruction requiring drainage is determined (**Fig.2e-h**).

We present a case of hilar cholangiocarcinoma (> Video 1). Obstruction in the posterior branch requiring drainage was confirmed because the injected contrast medium did not reach the other branches (> Fig. 3). Metallic stents were deployed in all three branches in a stent-in-stent manner, and good drainage was confirmed by aspiration and reopacification from the distal bile duct (> Fig. 4 a-d). In conclusion, initial opacification of a branch that extends backward (upward in the prone position) can indicate obstruction by other branches. This simple opacification method, leveraging gravitational force, can assist in precise biliary tree evaluation and segmental cholangitis prevention.

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Conflict of Interest

The authors declare that they have no conflict of interest.

The authors

Yuzo Shimokawa¹⁰, Hirotada Akiho¹, Nao Fujimori²

- 1 Department of Gastroenterology, Kitakyushu Municipal Medical Center, Kitakyushu, Japan
- 2 Department of Medicine and Bioregulatory Science, Kyushu University Graduate School of Medical Sciences, Fukuoka, Japan

Corresponding author

Yuzo Shimokawa, MD

Department of Gastroenterology, Kitakyushu Municipal Medical Center, 2-1-1 Bashaku, Kokurakitaku, Kitakyushu, Fukuoka, 802-0077, Japan shimo0916@outlook.jp



Fig.4 Fluorographic images confirm the patency of the deployed stents. **a** The contrast medium remains in the branches immediately after stent deployment. **b** The contrast medium is effectively aspirated through the deployed stents from the common bile duct. **c** The contrast medium is re-injected from the common bile duct, resulting in good opacification of all three major branches. **d** By the end of the ERCP procedure, almost all contrast medium had drained effectively.

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