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Prevalence and types of preanalytical error in hematology laboratory of a tertiary care hospital in South India

Pitchaikaran Arul, Magesh Pushparaj, Kanmani Pandian, Lingasamy Chennimalai, Karthika Rajendran, Eniya Selvaraj, Suresh Masilamani

Abstract:

BACKGROUND: An important component of laboratory medicine is preanalytical phase. Since laboratory report plays a major role in patient management, more importance should be given to the quality of laboratory tests.

AIM: The present study was undertaken to find the prevalence and types of preanalytical errors at a tertiary care hospital in South India.

MATERIALS AND METHODS: In this cross-sectional study, a total of 118,732 samples ([62,474 outpatient department [OPD] and 56,258 inpatient department [IPD]) were received in hematology laboratory. These samples were analyzed for preanalytical errors such as misidentification, incorrect vials, inadequate samples, clotted samples, diluted samples, and hemolyzed samples.

RESULTS: The overall prevalence of preanalytical errors found was 513 samples, which is 0.43% of the total number of samples received. The most common preanalytical error observed was inadequate samples followed by clotted samples. Overall frequencies (both OPD and IPD) of preanalytical errors such as misidentification, incorrect vials, inadequate samples, clotted samples, diluted samples, and hemolyzed samples were 0.02%, 0.05%, 0.2%, 0.12%, 0.02%, and 0.03%, respectively.

CONCLUSION: The present study concluded that incorrect phlebotomy techniques due to lack of awareness is the main reason for preanalytical errors. This can be avoided by proper communication and coordination between laboratory and wards, proper training and continuing medical education programs for laboratory and paramedical staffs, and knowledge of the intervening factors that can influence laboratory results.

Key words:

Hematology, inadequate samples, laboratory, preanalytical errors

Introduction

The modern-day diagnosis is mainly dependent on reliable laboratory data. There is a drastic improvement in the performance of laboratories due to remarkable advances in automation, sample collection, transport, and dispatch of reports.^[1] Medical laboratories also play a vital role in the decision-making of physicians about their patients. About 60%–70% of clinical decisions regarding admission, prescription, and discharge are based on laboratory results.

Since they play a significant role, more importance should be given to the quality of laboratory tests.^[2] However, errors can occur in any phase during the processing of blood sample. The errors in laboratory practice are classified into preanalytical, analytical, and postanalytical phase depending on the time of presentation.^[3-5]

An important component of laboratory medicine is preanalytical phase.^[5] The preanalytical phase comprises all the processes occurring before the sample being processed in the laboratory.^[6] It includes

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Department of Pathology,
Dhanalakshmi Srinivasan
Medical College and
Hospital, Perambalur,
Tamil Nadu, India

Address for correspondence:

Dr. Pitchaikaran Arul,
No 83, Ayyanar Kovil
Street, Vinayagampet,
Sorapet Post,
Puducherry - 605 501,
India.
E-mail: drarul33@
gmail.com

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specimen collection, handling and processing variables, physiological variables, and endogenous variables. Certain preanalytical variables, namely, specimen variables can be controlled; whereas knowledge of uncontrollable variables needs to be well understood in order to be able to separate their effects from disease-related changes affecting laboratory results.^[4,7]

Errors occurred during preanalytical phase was 61.9%. The reported types of preanalytical error are ordering tests on the wrong patient, misidentifying the patient, ordering the wrong test, missing sample and/or test request, wrong or missing identification, contamination from infusion route, hemolyzed, clotted, and insufficient samples, inappropriate containers, improper labeling of containers, inappropriate blood-to-anticoagulant ratio, and inappropriate transport and storage conditions.^[8,9] The laboratories have to bear the burden of the inconsistencies or incorrect reporting that can ensue because of these preanalytical errors.^[6] Analytical errors can be minimized with the recent advancement in technology and introduction of automation in hematology laboratories provided good quality control practices are followed.^[10] The present study was undertaken to find the prevalence and types of preanalytical errors at a tertiary care hospital in South India.

Materials and Methods

This cross-sectional study was carried out in Haematology Laboratory, Department of Pathology, at our institution over a period of 1 year between June 2016 and May 2017 after obtaining approval from the Institutional Ethical Committee. Blood samples collected in vacutainers during this period were included in the study. Blood collection for outpatient department (OPD) was centralized (central blood collection center) for different sections of central laboratory which cater the samples to various sections such as hematology, clinical pathology, biochemistry, and microbiology. OPD phlebotomies were performed by laboratory technologist, whereas blood samples from inpatients' department (IPD) were collected by staff nurses. The samples from IPD and OPD (central blood collection center) were delivered to the hematology laboratory by paramedical staff and laboratory support staff, respectively.

A total of 118,732 samples were received in hematology laboratory, of which 62,474 were from OPD and 56,258 were from IPD. These samples were analyzed for following preanalytical variables: (a) Misidentification (incorrectly labeled vials or incorrectly filled forms), (b) incorrect vials (wrong choice of vials), (c) inadequate samples, (d) clotted samples, (e) diluted samples, and (f) hemolyzed samples.

Master charts were prepared and sum of errors was calculated. Their relative frequencies when compared with the total specimens were also calculated and presented as percentage. All the statistical analyses were performed using International Business Machines (IBM) Corporation Statistical Package for the Social Sciences (SPSS) Statistics for Windows (version 20.0. IBM Corporation, Armonk, New York, USA).

Results

A total of 118,732 samples containing 62,474 OPD and 56,258 IPD were analyzed for preanalytical errors based on the above-mentioned parameters. The overall prevalence of preanalytical errors found was 513 samples, which is 0.43% of the total number of samples received. Frequencies of preanalytical errors in both OPD and IPD are shown in Tables 1 and 2. The most common preanalytical error was inadequate samples followed by clotted samples. Overall frequencies (OPD and IPD) of preanalytical errors such as misidentification, incorrect vials, inadequate samples, clotted samples, diluted samples, and hemolyzed samples were 0.02%, 0.05%, 0.2%, 0.12%, 0.02%, and 0.03%, respectively.

Discussion

Modern methods have been applied in medical laboratory to reduce the errors at preanalytical, analytical, and postanalytical phases of sample processing.^[11] However, errors are more commonly found in pre- and postanalytical phases than that in analytical phase. The major cause of the problem is that some phases are not in

Table 1: Frequency of the various preanalytical errors observed in outpatient department samples (n=62,474)

Preanalytical errors	Number of samples (%)
Misidentification	9 (0.01)
Incorrect vials	28 (0.04)
Inadequate samples	104 (0.17)
Clotted samples	67 (0.11)
Diluted samples	0
Hemolyzed samples	15 (0.02)
Total	223 (0.35)

Table 2: Frequency of the various preanalytical errors observed in inpatient department samples (n=56,258)

Preanalytical errors	Number of cases (%)
Misidentification	14 (0.02)
Incorrect vials	32 (0.06)
Inadequate samples	131 (0.23)
Clotted samples	72 (0.13)
Diluted samples	23 (0.04)
Hemolyzed samples	18 (0.03)
Total	290 (0.52)

direct control of the laboratory personnel.^[12] Preanalytical errors are largely being caused by human mistakes and the majority of these errors are preventable.^[8,13,14] This is comprehensible since the preanalytical phase involves much more human handling compared to the analytical and postanalytical phases.^[15]

Use of automated analyzers in preanalytical phase has also helped to minimize the laboratory errors. Introduction of automated robotic workstations at preanalytical stage further reduces the hazards and errors.^[11] Computerized order entry simplifies test ordering and eliminates a second person from transcribing the orders. Automated phlebotomy tray preparation provides a complete set of labeled blood tubes and labels for hand labeling in a single tray for each patient. Preanalytical robotic workstations automate some of the steps and reduce the number of manual steps involving more people. Barcodes also simplify specimen routing and tracking.^[16]

In the current study, preanalytical errors were more common in IPD samples. That might be due to the grave conditions of hospitalized patients and a variety of staff involved in the total testing processes.^[2] Nurses/paramedical staff collected the samples in IPD and many of them were not aware of the importance of sample collection by proper techniques. This could be the reason for higher percentage of preanalytical errors in samples collected from IPD of this study. Hence, nurses/paramedical staff need to be more specialized in taking blood samples and other interventions.

Inadequate samples (0.2%) accounted for the majority of errors in the present study. This could be due to ignorance of phlebotomists, difficult sampling in pediatrics, patients with chronic debilitating diseases, and patients on chemotherapy whose thin veins are difficult to localize.^[6] There is a risk of cell shrinkage and low mean corpuscular volume when less volume of blood is withdrawn than the recommended volume to tubes containing ethylenediaminetetraacetic acid (EDTA).^[17]

The second most common error in this study was clotted samples (0.12%). Clotted samples can be easily detected; however, microclots are difficult to detect, particularly

anticoagulated blood samples. The presence of clots in EDTA samples can be explained primarily due to increased blood-to-additive ratio (inadequate EDTA) or improper mixing of the sample after collection.^[10,17] In our study, clotted samples could be due to improper mixing.

Both misidentifications (incorrectly labeled vials or incorrectly filled forms) and incorrect vials (wrong choice of vials) constituted 0.07% in the present study. This could be due to excessive patient load or lack of awareness regarding patient information.^[17] These types of preanalytical errors can have serious adverse effects or can lead to completely wrong treatment of the patient.^[18]

Diluted samples accounted for 0.02% in the current study and it was observed only in IPD where the samples can be diluted with intravenous (IV) fluids. Nursing staff sometimes fail to recognize the importance of using veins in which IV lines have not been introduced.^[19] It has been suggested that whenever IV fluid is being administered in a patient's arm, blood should be drawn from the opposite arm. If an IV fluid is running in both arms, sample may be drawn after IV infusion is turned off for at least 2 min before venipuncture and applying the tourniquet below the IV infusion site.^[10]

A hemolyzed sample noted in our study was 0.03%. Hemolysis of samples occurs in certain situations, namely, when blood is forced through a needle, shaking the tubes vigorously, and centrifuging the sample before clotting being formed.^[20] It also leads to a more turnaround time due to the need for fresh samples for processing. Detection of hemolyzed samples in hematology laboratories is somewhat difficult than that in biochemistry laboratories which can lead to falsely lower frequency of preanalytical error.^[6]

In the present study, the prevalence of preanalytical errors in hematology laboratory was 0.43% of the total samples. This observation was almost comparable to those of recently published Indian studies [Table 3] which confirm that problems directly related to specimen collection are the main cause of preanalytic errors.^[6,10,19] This can be reduced by competency check of staffs by conducting practical and theory assessment at regular

Table 3: Comparison of prevalence (%) of preanalytical errors in the present study with various studies

Preanalytical errors	Present study OPD + IPD	Upreti et al. ^[19] OPD + IPD	Chawla et al. ^[6] OPD + IPD	Narang et al. ^[10] OPD + IPD
Misidentification	0.02	0.35		
Incorrect vials	0.05	0.16	0.47	0.03
Inadequate samples	0.2	0.19	0.23	0.06
Clotted samples	0.12	0.13	-	0.28
Diluted samples	0.02	0.04	-	-
Hemolyzed samples	0.03	0.09	0.74	-
Lipemic samples	-	-	0.07	-

OPD = Outpatient department, IPD = Inpatient department

intervals and attending continuing medical education programs related to quality control in hematology.

The limitations of our study were that registration of the errors during the evening, night shifts, and holidays was not completely performed. Time between sample collection and actual analytic process was not calculated. More studies have to be carried out to examine differences between day and night shifts separately and at multicenters.

Conclusion

The present study concluded that incorrect phlebotomy techniques due to lack of awareness is the main reason for preanalytical errors. This can be avoided by proper communication and coordination between laboratory and wards, proper training and continuing medical education programs for laboratory and paramedical staffs, and knowledge of the intervening factors that can influence laboratory results.

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Conflicts of interest

There are no conflicts of interest.

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