Carbon dioxide enterography: a useful method for double-balloon enteroscopy-assisted ERCP

Development of double-balloon enteroscopy-assisted endoscopic retrograde cholangiopancreatography (DB-ERCP) has enabled endoscopic treatment of pancreatobiliary disease in patients with a surgically altered gastrointestinal anatomy [1]. However, scope insertion requires experience because of the maze-like gastro-intestinal tract [2]. Intraluminal injection of indigo carmine to identify the afferent loop of Roux-en-Y anastomosis [3] may cause susceptibility to peristalsis and is

unsuitable for complex reconstruction. To develop a smooth insertion method, we used a negative contrast technique with carbon dioxide to confirm the correct tract, termed CO_2 enterography, and we present case results here.

An 86-year-old man had previously undergone pancreatoduodenectomy had a suspected anastomotic stricture of the choledochojejunostomy. • Fig. 1 a shows the double-balloon enteroscope at the jejunojejunostomy, after which the operator inserted the tip of the scope into one of

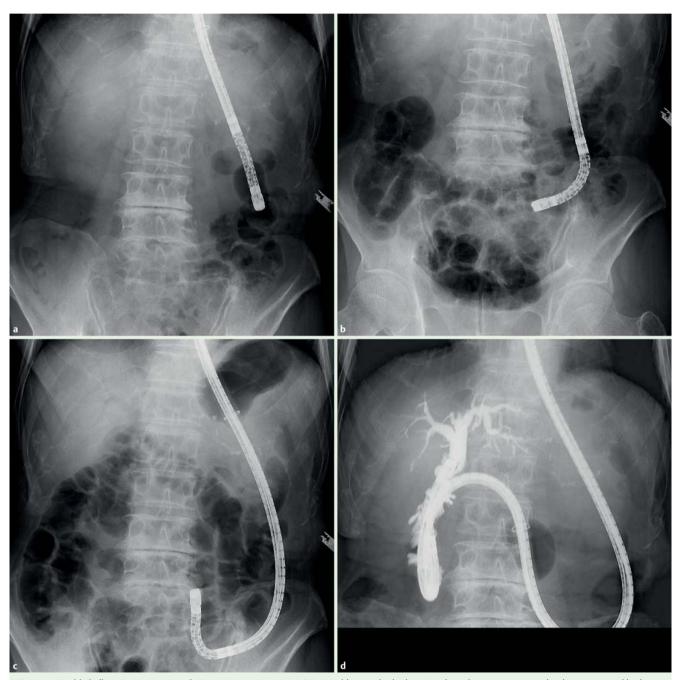
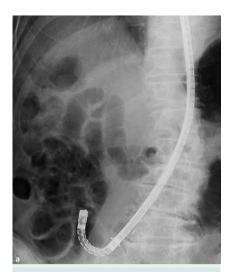


Fig. 1 a Double-balloon enteroscope at the jejunojejunostomy in an 86-year-old man who had previously undergone pancreatoduodenectomy and had a suspected anastomotic stricture of the choledochojejunostomy. **b** Fluoroscopy revealed CO₂ directed to the anal side, indicating the incorrect tract. **c** Insertion into another tract. CO₂ enterography revealed the correct tract for the choledochojejunostomy. **d** After reaching the target site, cholangiography showed no strictures.



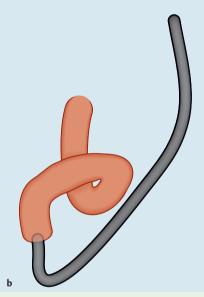


Fig. 2 An 84-year-old man underwent a distalgastrectomy with Billroth II reconstruction. **a** CO₂ enterography confirmed the correct tract with Billroth II reconstruction. **b** Schema. Orange area corresponds to the afferent loop.

the two tracts and injected CO2 under the obstruction caused by scope balloon inflation. Fluoroscopy revealed CO₂ directed to the anal side (Fig. 1b), indicating the incorrect tract. • Fig. 1c shows insertion into another tract, after which CO2 enterography revealed the correct tract for the choledochojejunostomy. After reaching the target site, cholangiography showed no strictures (Fig. 1 d). In an 84-yearold man who underwent a distal gastrectomy with Billroth II reconstruction, CO2 enterography confirmed the correct tract (Fig. 2). CO₂ enterography was suitable for various surgically altered gastrointestinal tract cases.

We retrospectively investigated target site arrival times with (n=39) and without (n=16) CO_2 enterography in post-surgical patients, excluding those with Billroth I reconstruction. The average time was significantly shorter in the CO_2 enterography group (26 vs. 38 minutes, P=0.026). No adverse events related to CO_2 enterography were observed. Using CO_2 enterography, the correct tract was easily identified without wasted effort from insertion into the incorrect tract. Thus we consider it useful for insertion in DB-ERCP cases.

Endoscopy_UCTN_Code_TTT_1AR_2AK

Competing interests: None

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DOI http://dx.doi.org/ 10.1055/s-0034-1377943 Endoscopy 2014; 46: E587–E588 © Georg Thieme Verlag KG Stuttgart · New York ISSN 0013-726X

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