

Auditory Evoked Potentials with Different Speech Stimuli: a Comparison and Standardization of Values

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Abstract

Introduction Long Latency Auditory Evoked Potentials (LLAEP) with speech sounds has been the subject of research, as these stimuli would be ideal to check individuals' detection and discrimination.

Objective The objective of this study is to compare and describe the values of latency and amplitude of cortical potentials for speech stimuli in adults with normal hearing.

Methods The sample population included 30 normal hearing individuals aged between 18 and 32 years old with ontological disease and auditory processing. All participants underwent LLAEP search using pairs of speech stimuli (/ba/ x /ga/, /ba/ x /da/, and /ba/ x /di/). The authors studied the LLAEP using binaural stimuli at an intensity of 75dBNPS. In total, they used 300 stimuli were used (~60 rare and 240 frequent) to obtain the LLAEP. Individuals received guidance to count the rare stimuli. The authors analyzed latencies of potential P1, N1, P2, N2, and P300, as well as the amplitude of P300.

Results The mean age of the group was approximately 23 years. The averages of cortical potentials vary according to different speech stimuli. The N2 latency was greater for /ba/ x /di/ and P300 latency was greater for /ba/ x /ga/. Considering the overall average amplitude, it ranged from 5.35 and 7.35uV for different speech stimuli.

Conclusion It was possible to obtain the values of latency and amplitude for different speech stimuli. Furthermore, the N2 component showed higher latency with the /ba/ x /di/ stimulus and P300 for /ba/ x /ga/.

Keywords

- ▶ evoked potentials
- ▶ auditory
- ▶ speech perception
- ▶ electrophysiology

Introduction

Cortical Auditory Evoked Potentials (CAEPs) have gradually entered clinical practice, being useful to support diagnoses of central auditory disorders. Furthermore, this assessment can reflect neuroelectrical activity of the auditory pathways.

CAEPs can be elicited by both verbal and non-verbal stimuli,^{1,2} which reflect the neuroelectrical activity of the

auditory pathway in the regions of the thalamus and auditory cortex.³ Several studies have aimed at analyzing electrophysiological assessment with speech stimuli, including the verification of peripheral auditory structures, as in the Auditory Brainstem Response (ABR).⁴⁻⁶

Some researchers suggest that verbal stimuli are ideal for studying the neural basis of speech detection and discrimination.^{1,2} Additionally, these types of stimuli can contribute

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to the assessment of complex signals in the auditory cortex. Recent studies support the use of complex signals for the evaluation of retrocochlear pathologies, central auditory disorders, and verification of hearing aids.^{7,8}

McPherson⁹ and McGee¹⁰ published normative values for the CAEPs with tone burst stimuli. Other studies have also reported normative values for the tonal stimuli.¹¹⁻¹³ On the other hand, literature shows different values for verbal stimuli.^{14,15} Authors describe the latency and amplitude of P300 as sensitive to the task demand, and higher latency and lower amplitude for speech stimuli.^{16,17}

Although the literature describes differences between tone burst and speech stimuli, the protocols for verbal stimuli vary in their application, the stimuli used, and the values of latency and amplitude. Thus, further studies should establish rules and criteria so that this procedure can be effectively applied in clinical practice.

The aim of this study is to compare and describe the values of latency and amplitude of CAEPs for speech stimuli in normal hearing adults, in order that the results may serve as a reference for clinical and research in audiology and other areas.

Methods

The Research Ethics Committee of the University where this study was conducted granted its approval for the study.

Participants who agreed to the research signed the term of responsibility. They received information on all procedures from this research.

All participants were aged between 18 and 32, male and female, with normal hearing, free from ear's disease or auditory process disorders, and without continuous use of medication. They needed to be able to understand all procedures.

The authors excluded from this study individuals with hearing loss and auditory processing disorder, guiding them to specific assessments.

All subjects underwent evaluation through anamnesis, visual inspection of the external acoustic meatus, audiometry, middle ear assessment, and long latency auditory evoked potentials with different verbal stimuli.

The anamnesis provided information on patients' audiological evolution and auditory processing disorder.

The patients were subject to a visual inspection of the external auditory meatus using a KlinikWelch-Allyn clinical otoscope (KlinikWelch-Allyn, NY, USA) to discard any pathological changes that might have influenced audiometric thresholds.

The authors performed audiometry in an acoustically treated place using the audiometer Itera II Madsen (Otometrics, Denmark). They tested the frequencies 250, 500, 1000, 2000, 3000, 4000, 6000, and 8000 Hz, using the descending-ascending technique. The study considered as normal hearing individuals those with three-tone average (500, 1000, and 2000 Hz) less than or equal to 25 dB HL (decibel hearing level).¹⁸

The acoustic impedance measurements were performed by AT235 Interacoustics (Middelfart, Denmark). All participants were submitted to tympanometric curve and acoustic reflexes. The authors analyzed reflexes in the frequency range from 500 to 4000 Hz, bilaterally in the contralateral mode.

The study included only individuals with type "A" tympanogram presenting acoustic reflexes.¹⁹

The CAEPs were performed with the Intelligent Hearing Systems (IHS), SmartEP module. This equipment contains two response channels. The skin on all subjects was cleaned with an abrasive paste. The electrodes were placed in the following positions: A1 (left mastoid) and A2 (right mastoid), Cz (vertex), the ground electrode (Fpz) on the forehead. The impedance value for all electrodes was less than or equal to 3 kohms.

The patient received instructions to pay attention to different stimuli (rare stimuli) that appeared within a series of equal stimuli (frequent stimuli). The percentage of rare stimuli presented was 20%, while for frequent stimuli was 80%.

The speech tokens stimuli used were the consonant-vowel /ba/ as frequent stimuli in all sequences, compared with different rare stimuli, as /ga/, /da/, and /di/. Therefore, a sequence of different deviant stimuli were tested (/ba/ x /ga/, /ba/ x /da/, /ba/ x /di/). All speech token stimuli were presented in both ears at an intensity of 75 dB HL. In total, 300 stimuli were used (60 rare and 240 frequent) to obtain the CAEPs.

The assessment began with /ba/ x /ga/, followed by /ba/ x /di/ and /ba/ x /da/. Prior to obtaining the results, all participants received training to listen to the verbal stimuli to become familiar with them. The patients had to report to the evaluator the number of rare stimuli. The evaluator compared the response with the number of rare stimuli effectively presented by the equipment. For the answer to be considered correct there was a margin of error adopted of up to five stimuli that differed from the exact amount presented by the equipment.

The authors obtained latency values for CAEPs to identify the waves in the greater range and deflection peaks. They did not replicate results as this could tire the individual and jeopardize the outcome of the assessment. The amplitude was measured only for the P300 component, calculated from the baseline to the peak of the component.

The authors described and analyzed the results statistically using the *Post Hoc Bonferroni* test. They compared latencies of P1, N1, P2, N2, and P300 and the amplitude of P300 between the speech sounds. ► **Table 1** describes the parameters used in this study.

Results

In total, the researchers evaluated 30 subjects, of which 15 (50%) were male and 15 (50%) female. Their average age was 23.3 (\pm 3.5) years.

Although stimulation has been binaural, the two-channel equipment allowed responses for the right and left ears. The results were statistically analyzed using the *Bonferroni post hoc* test and no statistically significant difference were found between ears, both for latency and amplitude. Therefore, to facilitate the analysis of this study, the authors grouped the results of the right and left ears.

► **Table 2** shows the percentage of presence of CAEPs for different stimuli. The other results were obtained from all CAEPs considered present.

Table 1 Parameters used in this research of CAEPs with speech stimuli

Equipment	<i>Intelligent Hearing System</i>
Module	<i>SmartEP</i>
Electrodes	A1, A2, Fpz and Cz
Impedance of electrodes	Less or equal to 3 kohms
Type of stimulation	Binaural
Number of stimulus	300 (80% frequent and 20% rare)
Channels	AB
Rate	0.8 pps
Time	2.0 milliseconds
Phase	Alternating pattern
Speech tokens	/ba/ (frequent) /ga/ (rare) /ba/ (frequent) /di/ (rare) /ba/ (frequent) /da/ (rare)
Presentation of stimulus	<i>Oddball paradigm</i>
Time of stimulus	50.000 µs
Rise and decay time	20%
Envelope's stimulus	Trapezoidal
Individual state	Alert

Abbreviations: Kohms, kilohms; ms, milliseconds; pps, pulses per second; µs, microseconds.

► **Table 3** describes the latency values of CAEPs for all speech tokens. There was no statistically significant difference between latencies of P1, N1, and P2. However, the latency for N2 was greater for /ba/ x /di/ stimuli, and this difference was statistically significant. For the P300 component, there was statistically significant differences between speech tokens, being higher for the /ba/ x /ga/ stimulus.

► **Table 4** describes the P300 amplitude values for different speech stimuli. There was no statistically significant difference between stimuli.

► **Table 5** shows the maximum and minimum descriptive values for the all variables studied.

Discussion

Electrophysiological studies using complex stimuli have been increasingly prominent in national and international literature. In general, more complex speech stimuli evoke greater latencies and lower amplitudes of CAEPs. In addition, natural speech stimuli evoke lower latencies compared with synthetic stimuli generated by the equipment.²⁰

In this study, the percentage of presence for N1-P2 was greater than other CAEPs. However, P1 and N2 were mainly affected by the speech tokens' characteristics. This can be explained by the fact that the N1-P2 complex is the most visible exogenous potentials, which makes it less variable in relation to stimuli.^{21,22} Our results are consistent with another study,⁸ in which the percentage of presence was lowest for N2. Research studies²³ report that the cortical components are influenced by cognitive experiences of the individual throughout his life. Thus, better individual experiences with hearing, cognition, and music produce the best results in the CAEPs, meaning greater amplitudes and lower latencies.

In this study, the authors correlate their values of latency and amplitude with other similar studies considering the standard deviation. When values from other studies fall within up to two standard deviations from those presented herein, they are considered concordant.

In comparing the latencies of CAEPs for different stimuli, only the N2 component presents a significant difference, being higher for /ba/ x /di/. This component (N2) suffers maturational influences, mainly from 5 to 10 years, reducing latency and amplitude.²⁴ The results from this research agrees with another study,²⁵ in which the N2 component also suffered influence according to the type of stimuli presented. The authors emphasize that N2 is associated with attention to rare stimuli, and depends on the complexity of the stimuli; thus, the higher the complexity, the higher the latency.

For the P300, there was also difference between stimuli, with greater latency found in the /ba/ x /ga/ stimulus. Another study²⁵ reported similar results in which the latency of P300 was higher for stimuli of greater complexity. Researchers²⁶ also reported increased latencies in more difficult tasks. In this study, the authors did not investigate

Table 2 Percentage of presence of cortical auditory evoked potentials with different speech stimulus

Speech tokens	/ba/ x /ga/		/ba/ x /da/		/ba/ x /di/	
	N	%	N	%	N	%
	P1	26	86.7%	27	90%	25
N1	30	100%	30	100%	30	100%
P2	30	100%	30	100%	30	100%
N2	23	76.7%	16	53.3%	14	46.7%
P300	26	86.7%	28	93.3%	25	83.3%

Abbreviations: %, percentage of presence; N, number of subjects.

Table 3 Average and standard deviation of latencies and amplitude for different speech stimulus

Speech tokens							
	/ba/ x /ga/		/ba/ x /da/		/ba/ x /di/		* p-value
	Average (ms)	SD (ms)	Average (ms)	SD (ms)	Average (ms)	SD (ms)	
P1	62.4	9.5	60.1	7.55	66.35	17.9	0.393
N1	103.55	10.45	103.5	11.4	108.55	18.05	0.038
P2	175.05	18.45	175.6	22.45	184.9	25.15	0.026
N2	250.5	33.3	234.8	41.05	256.5	35.45	0.006
P300	342.05	45.35	302.45	46.9	327.05	61.3	0.005

Abbreviations: ms, millisecond; SD, standard deviation.

*Post Hoc Bonferroni test.

Table 4 Average and standard deviation of P300 amplitude

Speech tokens							
	/ba/ x /ga/		/ba/ x /da/		/ba/ x /di/		* p-value
	Average (uV)	SD (uV)	Average (uV)	SD (uV)	Average (uV)	SD (uV)	
P300	6.4	2.15	7.35	5.35	6.5	2.65	0.208

Abbreviations: SD, standard deviation; uV, microvolt.

*Post Hoc Bonferroni.

Table 5 Maximum and minimum values of the variables

Speech tokens						
	/ba/ x /ga/		/ba/ x /da/		/ba/ x /di/	
	Max (ms)	Min (ms)	Max (ms)	Min (ms)	Max (ms)	Min (ms)
P1	86	56	64	50	76	50
N1	122	84	132	90	134	82
P2	224	136	220	150	226	142
N2	286	166	288	178	302	180
P300	430	210	430	220	446	236
Ampl P300(uV)	12	3.00	24.59	3.04	23.4	3.01

Abbreviations: Max, maximum; Min, minimum; ms, millisecond; uV, microvolt.

the spectral complexity of stimuli; nonetheless, participants informally reported that the /ba/ x /ga/ stimuli was the most difficult to identify. This may justify the results for P300.

The P300 amplitude depends on the tasks performed by the individual. The amplitude increases in accordance with attentional parameters and receives influence from cognitive disorders.²⁷ In our study, the overall average amplitude of P300 ranged between 5.35 and 7.35uV (microvolts) for all the different stimuli, and the overall average was 6.75uV. Considering up to two standard deviations (mean of all stimuli DP), our results are in agreement with another study¹⁷ in which the authors found mean values of 6.61

uV for P300. There is a variation in the literature of 1.7 to 20uV, and many authors do not use these values in interpreting the results because of the wide range of values described.²⁸ In our study, we also found ample variation for the P300's amplitude in the values between all the different speech tokens.

Regarding the descriptive measures, some researchers¹⁷ propose that the latency of P300 for verbal stimuli must be between 289.57ms and 408.33ms. In our study, various speech stimuli were used. Nevertheless, considering the average values between the three stimuli (323.85ms), our results agree with that proposed by the aforementioned authors.

Table 6 Range latency and amplitude of cortical potentials obtained in this study

Speech tokens	/ba/ x /ga/	/ba/ x /da/	/ba/ x /di/
P1 (ms) (2SD)	43.4 - 81.4	45 - 75.2	30.5 - 102.1
N1 (ms) (2SD)	82.6 - 124.4	80.7 - 126.3	72.4 - 144.6
P2 (ms) (2SD)	138.1 - 211.9	130.7 - 220.5	134.6 - 235.2
N2 (ms) (2SD)	183.9 - 317.1	152.7 - 316.9	185.6 - 327.4
P300 (ms) (2SD)	251.3 - 432.7	208.6 - 396.2	204.4 - 449.6
Amplitude of P300 (uV) (1SD)	4.25 - 8.55	2.0-12.7	3.85 - 9.15

Abbreviations: SD, standard deviation; uV, microvolt.

We found no published papers reporting the amplitude and latency of CAEPs for specific stimuli speech, such as /ba/ x /ga/, /ba/ x /da/, and /ba/ x /di/. Thus, the table below (► **Table 6**) suggests values, norms, and comparisons based on the average, considering up to two standard deviations for latency and up to one standard deviation for the amplitude of P300. We determined only one standard deviation for the amplitude due to the wide variation of results. These results are useful for future studies that use the same speech tokens.

The description and comparison of these values is important for clinical use. The audiologist must understand the changes in cortical potentials for different stimuli. The stimuli selected may compromise the results of the evaluations due to their complexity. Therefore, the use of speech tokens is recommended as long as it is possible to know the different results in our clinical practice.

Conclusion

This study demonstrates that the protocol for speech stimuli described produces similar results from different stimuli, albeit the latency of N2 was higher for /ba/ x /di/, while the P300 amplitude was greater for /ga/ x /ba/. Moreover, the description of amplitude and latency values for different speech stimuli provide useful material for future studies.

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