A Rare Instance of Temporomandibular Joint Dislocation Complicated by Motor-Evoked Potential Monitoring

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J Neuroanaesthesiol Crit Care

Temporomandibular joint (TMJ) instability is common and reported to be 25 to 50% in general population. The prevalence of TMJ instability is high among females. It is the major etiological factor contributing to TMJ dislocations. Monitoring motor-evoked potentials (MEPs) is routinely used during spine surgery for assessment of intact spinal motor functions and also to look for any possible evolving iatrogenic spinal cord injury. Though considered a safe procedure, MEP monitoring at certain instances can cause forceful masseter contraction. This is due to the proximity of the cervical C3 and C4 stimulation areas to the adjacent motor cortex where facial muscles are represented. Hence, few studies on accidental stimulation of facial motor cortex resulting in tongue lacerations and teeth dislocations are reported. In our study, we aim to report a rare instance of TMJ dislocation during spine surgical monitoring and we also describe the preventive measures taken during revision surgery.

The study was approved by the local institutional ethics committee, and necessary consent was obtained from the patient. The patient was 76 years old and presented with secondary atlantoaxial dislocation (AAD) due to type 2 odontoid fracture, following a trivial fall. Nurick scale is a six-grade system to assess severity of locomotion and he had a score of 3/6. The Medical Research Council grading was 4 in the face and neck showing grade 2 joint dislocation (Fig. 1A). On examination, he had fullness in both sides of the face, jaw trismus with a gap in the inter incisor area. On palpation of the cheek, there was a sizeable gap of one fingerbreadth in the TMJ indicating dislocation. The same was confirmed using a computed tomography (CT) of the face and neck showing grade 2 joint dislocation (Fig. 1B). An urgent plastic surgeon opinion was sought and the TMJ was reduced via an intraoral closed reduction technique (Fig. 1C) under moderate sedation. The patient made a good recovery with no complications or focal neurological deficits. CT scan was done to assess the position of the screw in C1 to C2, which revealed an improper screw position. It was decided to go for a revision surgery of C1 to C2 fusion with an iliac bone graft. During the revision surgery, we intubated him via nasal route using fiberoptic bronchoscope and kept a stabilization brace, which wraps the face (Fig. 1D) and forces the mandible upward, preventing potential dislocation. The patient was then placed in the prone position and transcranial MEPs were recorded. We removed malpositioned transarticular screws and modified it using C1 to C2 Goel’s fusion with C1 lateral mass, C2 pars screws, and rods. A C-arm “X-ray check” was performed on table at the end of the surgery before extubation. It showed intact TMJ and the chin strap was kept in place for few more hours until the patient was fully awake.
Temporomandibular joint dislocation is associated with severe pain and tenderness over the jaw. If left untreated for more than 14 days, it may lead to fibrosis of the dislocated joint and rare cases of TMJ fracture have been reported. These complications may require surgical treatment.\(^5\) To the best of our knowledge, TMJ dislocation during MEP recording has not been reported in the literature till date. We hypothesize that in our case, MEP recording would have stimulated the facial motor cortex, contributing to the activation of facial muscles leading to TMJ dislocation. The main priority during intubation for anesthesia is to prevent any maneuvers leading to aggressive movement at the TMJ, thereby dislocating it. Hence, during the revision surgery, we made modifications such as nasotracheal intubation, chin strap (Fig. 1D), and low voltage stimulation to elicit MEPs. Techniques requiring low voltage stimulation for acquiring better MEPs include multitrain electrical stimulation,\(^a\) D-wave monitoring,\(^b\) and double train transcranial electrical stimulation.\(^c\) It also warrants adequate attention for identification of at-risk individuals during preoperative assessment and instituting the above-mentioned principles for prevention and early management of dislocation.

In conclusion, TMJ dislocation is one of the underrated potential complications that has to be carefully considered during MEP monitoring for any spinal surgery. Preanesthetic evaluation of at-risk individuals needs adequate precautions and modifications in the surgical and anesthesia management techniques that might limit joint mobility and prevent TMJ dislocations.

**Conflict of Interest**

None declared.

**References**