

## Letter to Editor

### Pedicle protection for flap surgery for posterior heel defects: Comments

Sir,

The method described to protect the pedicle of flaps to cover the posterior area in a heel defect is by no means simple as it is an invasive method, requires extra instrumentation and Ilizarov rings, which may not always be available in a plastic surgery unit. I have for long been using a simple plaster of Paris cast mould of about 16 to 20 layers roofed over an anterior cast. This not only effectively immobilises the limb and ankle, it also keeps off any pressure from the flap and the pedicle. (Figure 1 and 2)



**Figure 1:** POP mold over the heel with the patient prone showing the flap and SSG over the pedicle



**Figure 2:** Patient supine showing the ankle and heel effectively protected from pressure

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