Utilization of Online Resources by Patients in an Ophthalmic Emergency Department

Jodi C. Hwang, BS[1]   Nicolas A. Yannuzzi, MD[2]   Kara M. Cavuoto, MD[2]   Zubair Ansari, MD[2]
Nimesh A. Patel, MD[2]   Courtney F. Goodman, BS[1]   Steven Lang, BS[1]   Jayanth Sridhar, MD[2]

[1] University of Miami Miller School of Medicine, Miami, Florida
[2] Department of Ophthalmology, Bascom Palmer Eye Institute, University of Miami, Miami, Florida

Address for correspondence Jayanth Sridhar, MD, 900 NW 17th Street, Miami, FL 33136 (e-mail: jsridhar@med.miami.edu).

Abstract

Objective To describe the utilization of online resources by patients prior to presentation to an ophthalmic emergency department (ED) and to assess the accuracy of online resources for ophthalmic diagnoses.

Methods This is a prospective survey of patients presenting to an ophthalmic ED for initial evaluation of ocular symptoms. Prior to evaluation, patients completed surveys assessing ocular symptoms, Internet usage, and presumed self-diagnoses. Demographics and characteristics of Internet usage were determined. Accuracy of self-diagnoses was compared between Internet users and nonusers. Diagnoses were classified as high or low acuity based on agreement between senior authors.

Results A total of 144 patients completed surveys. Mean (standard deviation) age was 53.2 years (18.0). One-third of patients used the Internet for health-related searches prior to presentation. Internet users were younger compared with nonusers (48.2 years [16.5] vs. 55.5 years [18.3], $p = 0.02$). There were no differences in sex, ethnicity, or race. Overall, there was a threefold difference in proportion of patients correctly predicting their diagnoses, with Internet users correctly predicting their diagnoses more often than nonusers (41 vs. 13%, $p < 0.001$). When excluding cases of known trauma, the difference in proportion increased to fivefold (Internet users 40% vs. nonusers 8%, $p < 0.001$). Upon classification by acuity level, Internet users demonstrated greater accuracy than nonusers for both high- (42 vs. 17%, $p = 0.03$) and low (41 vs. 10%, $p = 0.001$)-acuity diagnoses. Greatest accuracy was in cases of external lid conditions such as chalazia and hordeola (100% [4/4] of Internet users vs. 40% (2/5) of nonusers), conjunctivitis (43% [3/7] of Internet users vs. 25% [2/8] of nonusers), and retinal traction or detachments (57% [4/7] of Internet users vs. 0% [0/4] of nonusers). The most frequently visited Web sites were Google (82%) and WebMD (40%). Patient accuracy did not change according to the number of Web sites visited, but patients who visited the Mayo Clinic Web site had greater accuracy compared with those who visited other Web sites (89 vs. 30%, $p = 0.003$).

Keywords
► emergency department
► Web site
► Internet
► patient education
► self-diagnosis

Conclusion   Patients with ocular symptoms may seek medical information on the Internet before evaluation by a physician in an ophthalmic ED. Online resources may improve the accuracy of patient self-diagnosis for low- and high-acuity diagnoses.

With increasing accessibility, patients are turning to the Internet for medical guidance. The 2011 U.S. National Health Interview Survey found that 44% of U.S. adults searched for health-related information online.[1] While patient education and autonomy are augmented by access to information on the Internet, online content is not standardized or regulated. Recent studies report that the quality, content, and readability of health-related information on the Internet can vary widely.[2] Additionally, unsubstantiated claims can masquerade as dogma and dangerously mislead patients.[3] Thus, it is important for medical professionals to be aware of how patients access and use data from the Internet to accomplish their health-related goals.

This study reports on the utilization of online resources by patients prior to presentation to an ophthalmic emergency department (ED) and assesses the accuracy of these resources for ophthalmic diagnoses. Our purpose is to better characterize factors that may influence patient behavior in the acute ophthalmic setting as well as to increase understanding of the potential and limitations of online resources.

Methodology

Study Methodology

The study was approved by the Institutional Review Board of the University of Miami and conducted in accordance with the principles of the Declaration of Helsinki. It was conducted in the ophthalmology ED at the Bascom Palmer Eye Institute (BPEI) in Miami, FL from December 2019 to September 2020. The study was temporarily halted from March 2020 to July 2020 due to the COVID-19 pandemic. Patients aged 18 to 90 years presenting to the ED for initial evaluation of ophthalmic symptoms were invited to participate in the survey; assistance, either through study members or family members, was provided for the visually impaired. Family members could complete surveys for patients if they had conducted Internet searches for patients. Patients who had already undergone formal evaluation for the presenting complaint by any physician and patients who were unable to provide informed consent were excluded from the study.

Data Collected

A five-question survey (**Appendix 1**) was created in three languages (English, Spanish, and Haitian Creole) to collect demographic information (age, sex, and ethnicity/race according to the U.S. Census Bureau), ocular symptoms (including duration of symptoms), Internet usage (mode of access, Web sites visited, and Web sites perceived to be the most helpful), and presumed self-diagnoses. Patients were asked to participate in the survey before evaluation by an eye care professional. Following the clinical encounter, patient-presumed self-diagnoses were compared with physician diagnoses.

Diagnoses were classified as high or low acuity. A diagnosis of high acuity signified a need for emergent or urgent evaluation (e.g., corneal ulcers, uveitis, and retinal detachments). In contrast, a diagnosis of low acuity signified a lack of need for emergent or urgent evaluation (e.g., refractive error, dry eye, chalazia, and hordeola). Three independent graders (J.H., K.C., and J.S.) assigned acuity levels to diagnoses. The acuity level of each diagnosis was determined by agreement between at least two graders.

Statistical Analysis

Statistical analyses were performed using the SPSS 27.0 statistical package (IBM Corporation, Chicago, IL). Kruskal–Wallis' tests were used to compare differences in numerical and ordinal variables (age, number of Web sites, time to seeking care) between Internet users and nonusers. Pearson's chi-square and Fisher's exact tests were used to compare frequencies of nominal variables between groups. Statistical significance was determined by two-sided p-values less than 0.05.

Results

Demographics

Demographics are depicted in ►**Table 1**. A total of 144 patients completed surveys. Mean (standard deviation) age was 53.2 years (18.0). Most participants identified as male (53%), Hispanic (69%), and white (80%). About one-third of patients used the Internet for health-related searches prior to presentation. There were no significant differences in sex ($p = 0.93$), ethnicity ($p = 0.98$), or race ($p = 0.53$) between Internet users and nonusers. However, Internet users were of significantly younger age compared with nonusers (48.2 years [16.5] vs. 55.5 years [18.3], $p = 0.02$). There was approximately a 75% response rate of patients approached with no unique demographic of nonresponders.

Characteristics of Internet Usage

Characteristics of Internet usage are displayed in ►**Table 2**. Among Internet users, the most common mode of accessing online resources was via a smartphone (77%), compared with a computer (27%) or tablet (9%). Eighteen different Web sites were visited by Internet users, with the most frequently visited Web sites being Google (82%), WebMD (40%), and Mayo Clinic (20%). The number of Web sites visited by each patient ranged from 1 to 13, while the median was 2. The majority of patients accessed Web sites in their native language (87%). Google (46%) and WebMD (33%) were the Web sites perceived to be the most helpful by patients.

Table 1 Demographics

	Internet users	Nonusers	p-Value[a]	All
n (%)	46 (32)	98 (68)	–	144
Age in y, mean (SD)	48.2 (16.5)	55.5 (18.3)	0.02	53.2 (18.0)
Sex, n (%)[b]				
Male	24 (31)	53 (69)	0.93	77
Female	21 (32)	45 (68)		66
Ethnicity, n (%)[c]				
Non-Hispanic	14 (32)	30 (68)	0.98	44
Hispanic	32 (32)	68 (68)		100
Race, n (%)[c]				
White	37 (31)	82 (69)	0.53	119
Black or African American	7 (33)	14 (67)		21
Asian	2 (67)	1 (33)		3
Other	0 (0)	1 (100)		1

Abbreviation: SD, standard deviation.
[a]Two-sided p-values with α level 0.05 for Internet users versus nonusers. Kruskal–Wallis' tests used for age. Pearson's chi-square tests used for sex, ethnicity, and race.
[b]One patient declined to report sex.
[c]Ethnicity and race categories are based on the U.S. Census Bureau. No participants identified as American Indian, Alaskan Native, Native Hawaiian, or other Pacific Islander.

Accuracy of Ophthalmic Diagnoses

Overall accuracy of ophthalmic diagnoses and comparison between Internet users and nonusers are displayed in ►Table 3. Of all participants, 22% correctly predicted their diagnoses. Internet users correctly predicted their diagnoses more often than nonusers (41 vs. 13%, $p < 0.001$). When excluding cases of known trauma (e.g., traumatic corneal abrasions), the difference in proportion increased (Internet users 40% vs. nonusers 8%, $p < 0.001$). Upon classification by level of acuity, Internet users demonstrated greater accuracy compared with nonusers for both high- (42 vs. 17%, $p = 0.03$) and low (41 vs. 10%, $p = 0.001$)-acuity diagnoses. There were no significant differences in presentation to the ED based on Internet usage and level of acuity of diagnoses ($p = 0.64$).

►Table 4 stratifies accuracy of self-predictions by specific diagnoses. Chalazia and hordeola were the most accurately predicted diagnoses overall (67% correct). When examining accuracy differences between Internet users and nonusers, no diagnosis reached statistical significance. However, 100% (4/4) of Internet users correctly predicted diagnoses of chalazia and hordeola compared with just 40% (2/5) of nonusers. Additionally, 43% (3/7) of Internet users correctly predicted diagnoses of conjunctivitis compared with 25% (2/8) of nonusers, which trended toward statistical significance ($p = 0.07$). In cases of high acuity, 57% (4/7) of Internet users provided accurate diagnoses for retinal traction and detachments compared with 0% (0/4) of nonusers.

Table 2 Characteristics of Internet usage

Mode, n (%)	Smartphone	34 (77)
	Computer	12 (27)
	Tablet	4 (9)
Web sites visited, n (%)	Google	37 (82)
	WebMD	18 (40)
	Mayo Clinic	9 (20)
	BPEI	4 (9)
	Wikipedia	4 (9)
	EyeWiki/AAO	3 (7)
	MedicineNet	2 (4)
	NEI	2 (4)
	YouTube	2 (4)
	All About Vision	1 (2)
	AOA	1 (2)
	ASRS	1 (2)
	Columbia University	1 (2)
	EyeMed	1 (2)
	Harvard Health	1 (2)
	Healthline	1 (2)
	Medical News Today	1 (2)
	Medscape	1 (2)
	NYU Langone Health	1 (2)
Most helpful Web sites[a], n (%)	Google	11 (46)
	WebMD	8 (33)
	AOA	1 (4)
	BPEI	1 (4)
	Healthline	1 (4)
	Mayo Clinic	1 (4)
	MedicineNet	1 (4)
	YouTube	1 (4)
No. of Web sites, median (range)	2 (1–13)	
In native language, n (%)	39 (87)	

Abbreviations: AAO, American Academy of Ophthalmology; AOA, American Optometric Association; ASRS, American Society of Retina Specialists; BPEI, Bascom Palmer Eye Institute; NEI, National Eye Institute; NYU, New York University; SD, standard deviation.
[a]Most helpful as designated by patient filling survey.

Accuracy of self-diagnoses was also examined by presenting symptoms (►Table 5). Internet users had 62% (8/13) accuracy when presenting with eye redness, compared with 16% (3/19) of nonusers ($p = 0.002$). Additionally, Internet users had 83% (5/6) accuracy with symptoms related to the orbit, compared with 18% (2/11) of nonusers ($p = 0.002$).

Each Web site was analyzed for diagnostic accuracy (►Table 6). Participants who visited the Mayo Clinic Web site demonstrated significantly better accuracy compared with participants who used the Internet but did not visit the

Table 3 Accuracy of ophthalmic diagnoses, n (%)

	Responses	Internet users	Nonusers	p-Value[a]	All
All cases	Correct	9 (41)	13 (13)	<**0.001**	32 (22)
	Incorrect	10 (22)	12 (12)		22 (15)
	No prediction	17 (37)	73 (75)		90 (63)
	Total no.	46	98	–	144
Excluding cases with known trauma	Correct	17 (40)	6 (8)	<**0.001**	23 (19)
	Incorrect	9 (20)	10 (13)		19 (16)
	No prediction	17 (40)	63 (79)		80 (65)
	Total no.	43	79	–	122
Cases of high acuity[b]	Correct	10 (42)	8 (17)	**0.03**	18 (25)
	Incorrect	5 (21)	6 (13)		11 (15)
	No prediction	9 (38)	33 (70)		42 (59)
	Total no.	24	47	–	71
Cases of low acuity[c]	Correct	9 (41)	5 (10)	**0.001**	14 (19)
	Incorrect	5 (23)	6 (12)		11 (15)
	No prediction	8 (36)	40 (78)		48 (66)
	Total no.	22	51	–	73

Note: "No prediction" indicates participants who did not provide self-diagnoses and instead selected the "I do not know" response.
[a]Two-sided p-values with α level 0.05. Bolded p-values are significant. Pearson's chi-square tests were used for accuracy based on all cases and all cases excluding those with known trauma. Fisher's exact tests were used for accuracy based on cases of high and low acuities.
[b]A diagnosis of high acuity signifies the need for emergent or urgent evaluation (e.g., corneal ulcers, uveitis, retinal detachments).
[c]A diagnosis of low acuity signifies the lack of need for emergent or urgent evaluation (e.g., refractive error, dry eye, chalazia, hordeola).

Table 4 Accuracy of ophthalmic diagnoses by diagnoses, n (%)

		Internet users	Nonusers	p-Value[a]	All	Total no. of cases[b]
Refractive error	Correct	0 (0)	0 (0)	–	0 (0)	4 (3)
	Incorrect	0 (0)	0 (0)		0 (0)	
	No prediction	1 (100)	3 (100)		4 (100)	
Strabismus	Correct	0 (0)	0 (0)	–	0 (0)	3 (2)
	Incorrect	0 (0)	0 (0)		0 (0)	
	No prediction	0 (0)	3 (100)		3 (100)	
Chalazia/hordeola	Correct	4 (100)	2 (40)	0.17	6 (67)	9 (6)
	Incorrect	0 (0)	0 (0)		0 (0)	
	No prediction	0 (0)	3 (60)		3 (33)	
Blepharitis	Correct	0 (0)	0 (0)	–	0 (0)	3 (2)
	Incorrect	0 (0)	2 (67)		2 (67)	
	No prediction	0 (0)	1 (33)		1 (33)	
Other orbital inflammation (nontraumatic)	Correct	1 (100)	0 (0)	0.40	1 (20)	5 (3)
	Incorrect	0 (0)	1 (25)		1 (20)	
	No prediction	0 (0)	3 (75)		3 (60)	
Dry eye	Correct	0 (0)	0 (0)	1.00	0 (0)	22 (15)
	Incorrect	1 (20)	3 (18)		4 (18)	
	No prediction	4 (80)	14 (82)		18 (82)	
Subconjunctival hemorrhage	Correct	1 (50)	0 (0)	0.25	1 (13)	8 (6)

Table 4 (*Continued*)

		Internet users	Nonusers	*p*-Value[a]	All	Total no. of cases[b]
	Incorrect	0 (0)	0 (0)		0 (0)	
	No prediction	1 (50)	6 (100)		7 (88)	
Conjunctivitis	Correct	3 (43)	2 (25)	0.07	5 (33)	15 (10)
	Incorrect	4 (57)	1 (13)		5 (33)	
	No prediction	0 (0)	5 (63)		5 (33)	
Keratitis	Correct	2 (66)	0 (0)	0.11	2 (25)	8 (6)
	Incorrect	0 (0)	1 (20)		1 (13)	
	No prediction	1 (33)	4 (80)		5 (63)	
Anterior uveitis	Correct	1 (33)	0 (0)	1.00	1 (14)	7 (5)
	Incorrect	0 (0)	1 (25)		1 (14)	
	No prediction	2 (67)	3 (75)		5 (72)	
Cataract/posterior capsular opacification	Correct	0 (0)	1 (33)	–	1 (33)	3 (2)
	Incorrect	0 (0)	0 (0)		0 (0)	
	No prediction	0 (0)	2 (67)		2 (67)	
Vitreous disease[c]	Correct	0 (0)	0 (0)	1.00	0 (0)	4 (3)
	Incorrect	1 (50)	0 (0)		1 (25)	
	No prediction	1 (50)	2 (100)		3 (75)	
Retinal traction/detachment[c]	Correct	4 (57)	0 (0)	0.27	4 (36)	11 (8)
	Incorrect	1 (14)	1 (25)		2 (18)	
	No prediction	2 (29)	3 (75)		5 (45)	
Retinal vascular disease	Correct	1 (25)	0 (0)	1.00	1 (14)	7 (5)
	Incorrect	1 (25)	0 (0)		1 (14)	
	No prediction	2 (50)	3 (100)		5 (71)	
Retinal degeneration	Correct	0 (0)	0 (0)	0.33	0 (0)	3 (2)
	Incorrect	1 (100)	0 (0)		1 (33)	
	No prediction	0 (0)	2 (100)		2 (67)	
Optic neuropathy	Correct	0 (0)	0 (0)	–	0 (0)	3 (2)
	Incorrect	0 (0)	0 (0)		0 (0)	
	No prediction	0 (0)	3 (100)		3 (100)	
Inflammation due to trauma/foreign substance	Correct	2 (66)	7 (37)	0.16	9 (41)	22 (15)
	Incorrect	1 (33)	2 (11)		3 (14)	
	No prediction	0 (0)	10 (53)		10 (45)	

Note: "No prediction" indicates participants who did not provide self-diagnoses and instead selected the "I do not know" response.
[a]Two-sided *p*-values with α level 0.05 for Internet users versus nonusers using Fisher's exact tests. Statistics not computed for groups with constant responses.
[b]Total 144 cases.
[c]Posterior vitreous detachment included in retinal traction/detachment, not vitreous disease.

Mayo Clinic Web site (89% [8/9] vs. 30% [11/37] correct, $p = 0.003$). No significant differences were found when analyzing symptom or diagnosis by specific Web site ($p > 0.05$). There were no significant differences in accuracy based on number of Web sites visited ($p = 0.44$).

Time to Seeking Care
No significant differences were found in time to seeking care based on Internet usage (Internet users: 6 [13%] <1 day, 22 [48%] 1–4 days, 4 [9%] 5–7 days, 14 [30%] >7 days; nonusers: 22 [23%] <1 day, 41 [43%] 1–4 days, 13 [14%] 5–7 days, 20 [14%] >7 days; $p = 0.32$) or level of acuity ($p = 0.32$).

Discussion

Previous reports focusing on the interface between ophthalmology, patients, and the Internet have examined ophthalmic-related Internet search activity,[4,5] search engine results

Table 5 Accuracy of ophthalmic diagnoses by presenting symptoms, n (%)

		Internet users	Nonusers	p-Value[a]	All	Total no. of cases
Mild eye discomfort	Correct	2 (25)	2 (11)	0.46	4 (12)	33 (23)
	Incorrect	3 (38)	5 (26)		8 (24)	
	No prediction	3 (38)	12 (63)		21 (63)	
Eye pain	Correct	4 (57)	8 (26)	0.25	12 (32)	38 (26)
	Incorrect	0 (0)	3 (10)		3 (8)	
	No prediction	3 (43)	20 (65)		23 (61)	
Eye redness	Correct	8 (62)	3 (16)	**0.002**	11 (34)	32 (22)
	Incorrect	4 (31)	3 (16)		7 (22)	
	No prediction	1 (8)	13 (68)		14 (44)	
Tearing	Correct	1 (33)	1 (17)	1.00	2 (22)	9 (6)
	Incorrect	1 (33)	1 (17)		2 (22)	
	No prediction	1 (33)	4 (67)		5 (56)	
Visual phenomenon (e.g., flashes, floaters, double vision)	Correct	3 (27)	0 (0)	0.27	3 (16)	19 (13)
	Incorrect	3 (27)	1 (13)		4 (21)	
	No prediction	5 (45)	7 (88)		12 (63)	
Decrease in vision	Correct	4 (33)	3 (11)	0.28	7 (18)	39 (27)
	Incorrect	1 (8)	3 (11)		4 (10)	
	No prediction	7 (58)	21 (78)		28 (72)	
Morphological change in eye (e.g., corneal defect, chemosis)	Correct	0 (0)	0 (0)	0.25	0 (0)	4 (3)
	Incorrect	1 (100)	0 (0)		1 (25)	
	No prediction	0 (0)	3 (100)		3 (75)	
Related to orbit	Correct	5 (83)	2 (18)	**0.002**	7 (41)	17 (12)
	Incorrect	1 (17)	0 (0)		1 (6)	
	No prediction	0 (0)	9 (82)		9 (53)	

Note: "No prediction" indicates participants who did not provide self-diagnoses and instead selected the "I do not know" response.
[a]Two-sided p-values with α level 0.05 for Internet users versus nonusers using Fisher's exact tests. Bolded p-values are significant.

Table 6 Accuracy of ophthalmic diagnoses by web site within Internet users, n (%)

		Visited	Did not visit	p-Value[a]	Total no. visited
Google	Correct	16 (43)	3 (38)	1.00	37 (82)
	Incorrect	7 (19)	2 (25)		
	No prediction	14 (38)	3 (38)		
Mayo Clinic	Correct	8 (89)	11 (30)	**0.003**	6 (20)
	Incorrect	1 (11)	9 (24)		
	No prediction	0 (0)	17 (46)		
WebMD	Correct	8 (44)	11 (41)	0.86	18 (40)
	Incorrect	4 (22)	5 (19)		
	No prediction	6 (33)	11 (41)		
Wikipedia	Correct	2 (50.0)	17 (41)	0.18	4 (8)
	Incorrect	2 (50.0)	7 (17)		
	No prediction	0 (0)	17 (41)		

Notes: Web sites visited by less than five participants are not included. "No prediction" indicates participants who did not provide self-diagnoses and instead selected the "I do not know" response.
[a]Two-sided p-values with α level 0.05 for Internet users versus nonusers using Fisher's exact tests. Statistics not computed for groups with constant responses. Bolded p-values are significant.

for specific ocular diseases,[6] and the quality and readability of patient education materials.[2,7] A recent study examined the accuracy of a popular online symptom checker for ophthalmic diagnoses, and using simulated clinical vignettes, the authors found that the correct diagnosis was obtained in only 26% of cases.[8] The purpose of the current study was to determine the utility of online resources for self-diagnosis in a real-world ophthalmic ED setting. Our data suggest that a substantial percentage of patients consult the Internet for health-related information prior to seeking evaluation by an emergency eye care professional.

Similar to the findings of the 2011 U.S. National Health Interview Survey,[9] our demographic of patients using the Internet for ophthalmic concerns was significantly younger. Additionally, we found that patients who used the Internet for health-related information in the ophthalmic ED setting were three times more likely to predict their diagnoses correctly than those who did not use the Internet. After excluding cases of known trauma, in which disease etiologies are more explicit, accuracy among Internet users compared with nonusers grew to fivefold. Greater accuracy of Internet users over non-users persisted for diagnoses of both high and low acuities.

Online information remains of particular concern in the acute ophthalmic setting, as high-acuity ophthalmic conditions rely heavily on timely presentation and intervention. Such cases include but are not limited to uveitis, retinal detachments, retinal vascular disease, retinal degeneration, and optic neuropathy. Our study found that Internet users seemed to demonstrate better accuracy in self-diagnosis in cases of retinal detachments. Interestingly, we did not find that presentation to the ED or time to seeking care differed with varying levels of acuity. This illustrates the potential of online resources to improve patient recognition of severe pathology such as retinal detachments, but it more importantly highlights a deficit in clinical application as patients did not appear to seek care earlier despite increased recognition.

Although the Internet can help patients understand urgency in some cases, the Internet can mislead patients into believing their benign symptoms are dangerous and in need of acute care. Many patients continue to seek emergency care for nonacute, benign conditions such as refractive error, blepharitis, chalazia/hordeola, and dry eye. In our study, we found that several patients with benign diseases (chalazia/hordeola and viral/allergic conjunctivitis) still sought emergency care even when the Internet appeared to educate them about their condition. Additionally, this information did not seem to affect their time to seeking care.

The effect of online resources on patient behavior in the acute ophthalmic setting remains unclear. Our study did not detect a difference in time to seeking care between patients who used the Internet and those who did not. However, a limitation to this study is the inability to determine if online resources affected whether patients decided to seek or avoid emergency care. Other limitations to our study include its cross-sectional nature, small sample size due to interruption by the COVID-19 pandemic, and constraints associated with patient-reliant surveys.

Conclusions

It is important to recognize that the Internet will continue to have a growing presence in patients' lives, and health care professionals will continue to determine its capabilities and limitations. The Internet may be able to direct patients to seek care when needed and to educate patients when it is less likely to be beneficial, reducing the burden on the health care system. Future studies are needed to investigate the effect of online resources on patient behavior and ultimately utilize this information to create beneficial change within emergency ophthalmic care.

References

1 Amante DJ, Hogan TP, Pagoto SL, English TM, Lapane KL. Access to care and use of the Internet to search for health information: results from the US National Health Interview Survey. J Med Internet Res 2015;17(04):e106

2 Kloosterboer A, Yannuzzi NA, Patel NA, Kuriyan AE, Sridhar J. Assessment of the quality, content, and readability of freely available online information for patients regarding diabetic retinopathy. JAMA Ophthalmol 2019;137(11):1240–1245

3 Lau D, Ogbogu U, Taylor B, Stafinski T, Menon D, Caulfield T. Stem cell clinics online: the direct-to-consumer portrayal of stem cell medicine. Cell Stem Cell 2008;3(06):591–594

4 Leffler CT, Davenport B, Chan D. Frequency and seasonal variation of ophthalmology-related Internet searches. Can J Ophthalmol 2010;45(03):274–279

5 Deiner MS, McLeod SD, Wong J, Chodosh J, Lietman TM, Porco TC. Google searches and detection of conjunctivitis epidemics worldwide. Ophthalmology 2019;126(09):1219–1229

6 Kahana A, Gottlieb JL. Ophthalmology on the Internet: what do our patients find? Arch Ophthalmol 2004;122(03):380–382

7 Williams AM, Muir KW, Rosdahl JA. Readability of patient education materials in ophthalmology: a single-institution study and systematic review. BMC Ophthalmol 2016;16:133

8 Shen C, Nguyen M, Gregor A, Isaza G, Beattie A. Accuracy of a popular online symptom checker for ophthalmic diagnoses. JAMA Ophthalmol 2019;137(06):690–692

9 Wimble M. Understanding health and health-related behavior of users of internet health information. Telemed J E Health 2016;22 (10):809–815

Appendix 1 Ophthalmology emergency department survey

Date: _____   Age: _____   Sex: _____

Ethnicity: ☐ Hispanic or Latino   ☐ Not Hispanic or Latino

Race *(Please select one)*:   ☐ White   ☐ Black or African American   ☐ Asian

☐ American Indian and Alaskan Native   ☐ Native Hawaiian and Other Pacific Islander

☐ Other *(Please specify)*: _____

Symptoms: _____

Duration: ☐ Less than 1 day   ☐ 1 to 4 days   ☐ 5 to 7 days   ☐ More than 7 days

1. Is this your first time seeing a doctor for this? ☐ Yes   ☐ No

2. What do you think is your diagnosis? *(Please write only one)*

_____   or   ☐ I do not know

    a. **If you wrote a diagnosis above, how confident are you in this diagnosis?**

    ☐ Not confident at all   ☐ Somewhat confident   ☐ Very confident

3. Did you try searching about your condition on the Internet? ☐ Yes   ☐ No

    a. **If yes, how did you conduct your search?**   ☐ Smartphone   ☐ Computer

    ☐ Tablet   ☐ Other *(Please specify)*: _____

4. Which websites did you visit, even if they were not helpful? *(Please check all that apply)*

☐ Google   ☐ Wikipedia   ☐ WebMD   ☐ Medical News Today

☐ Medscape   ☐ MedicineNet   ☐ Mayo Clinic   ☐ All About Vision

☐ EyeWiki/American Academy of Ophthalmology (AAO)

☐ American Optometric Association (AOA)   ☐ National Eye Institute

☐ American Society of Retina Specialists (ASRS)   ☐ Bascom Palmer Eye Inst.

☐ Other(s) *(Please specify)*: _____

5. Which site(s) did you find the most helpful? _____

Were these sites written in your native language?   ☐ Yes   ☐ No