



Poetry

Bringing Back Smiles That Never Smiled

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I wish people understood...

That breast is not just a cosmetic organ
 But it leads to a flood of raw emotions, if it's shortened!
 An emotion...
 That creates the body image in motion
 It has a self-identity and self-esteem association.
 It symbolizes feminism and attraction
 And is important for maternity, breastfeeding, and sexual gratification!
 Its presence helps her have the right body curvature
 And prevents shoulder drooping and ache in musculature.
 It lets her experiment with her wardrobe from clothes mixture
 And enables greater participation in certain sports and gives hope for future.
 Who would have thought?
 That amputation of the mammary gland
 Would give her "Half woman complex."
 "Is she of any worth now?" is the query that puts her in perplex.
 Its absence makes her conscious about her everyday appearance.
 Feeling low, battered, bruised, and disfigured is now her new existence.

From the feelings of being assaulted and damaged she needs riddance.
 Not feeling shameful, guilty, or embarrassed needs a lot of perseverance.
 I wish people knew.
 Breast loss also changes work and family relationships
 And has a negative effect on partner's companionship.
 It makes her feel different and isolates her from other women's kinship.
 Even a reconstructive breast altering surgery...
 Whether enlargement, reduction, or correction of absurdity
 May lead to numb breasts or disfiguring scars externally.
 And change the regular pleasurable sensations of breast eternally.
 I would request the treating team
 To also focus on the psychological distress and her silent screams
 While making treatment decisions and help preserve her self-esteem.
 We need to recognize this unmet health need and make the patients gleam.

Conflict of Interest

None declared.

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