



Complications of Percutaneous Irreversible Electroporation for Pancreatic Cancer: A Systematic Review

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Abstract

Objective The aim of the study was to systematically review the percutaneous irreversible electroporation (IRE) complications for pancreatic ductal adenocarcinoma (PDAC).

Methods This systematic review was reported according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines. Two independent reviewers conducted a detailed search in PubMed and EMBASE databases from inception till May 2024. The studies reporting the complications of percutaneous IRE in PDAC using standard scales were included. The primary outcome of interest was the complication rate (including total number of complications and major and minor complications) associated with the percutaneous IRE. IRE-related mortality was also recorded.

Results Of the 2,324 studies, 14 (9 prospective and 3 retrospective) met the inclusion criteria. Of the 748 complications, 114 were major complications (15.2%) and 634 were minor complications (84.7%). The most common complications were abdominal pain ($n = 137$), diarrhea ($n = 57$), and nausea and/or vomiting ($n = 45$). Pancreatitis ($n = 57$), vascular thrombosis ($n = 21$), bleeding ($n = 21$), and biliary complications ($n = 26$), including bile leaks, cholangitis, and strictures, were other common complications. The overall IRE mortality was 4/584 (0.68%). IRE-related fatal complications included duodenal perforation ($n = 2$), hepatic artery and superior mesenteric artery thrombosis ($n = 1$), and purulent peritonitis ($n = 1$).

Conclusion Although complications are common after IRE for PDAC, most are minor complications. Major complications include bleeding and pancreaticobiliary complications.

Keywords

- ▶ irreversible electroporation
- ▶ pancreatic cancer
- ▶ complications

Introduction

Pancreatic ductal adenocarcinoma (PDAC) is one of the leading causes of cancer-related mortality and morbidity. It carries a dismal prognosis with a reported 5-year survival rate as low as 8%.¹ The standard treatment regime consists of

surgical resection in resectable tumors and a combination of systemic chemotherapy and surgery in borderline resectable tumors.^{2,3} Unfortunately, due to the lack of specific symptoms, most patients present with locally advanced pancreatic cancer (LAPC) or unresectable cancer. Patients with LAPC have major vascular encasement and are thus offered

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gemcitabine-based chemotherapy and radiation. However, the prognosis is abysmal.^{4–6} Additionally, the recurrence rate in patients undergoing curative resection is high.⁷

Local ablative therapies offer a nonsurgical method for patients with LAPC.^{8–13} Radiofrequency ablation (RFA) has been extensively used in this setting, but the complication rate is high.¹⁴ Microwave ablation (MWA) and cryoablation are the two other techniques utilized for PDAC. The thermal ablative techniques cause complications due to heat-induced peripancreatic vasculature, bile duct, and duodenum necrosis. Irreversible electroporation (IRE) is a novel nonthermal ablative technique that uses high-voltage electrical pulses.¹⁵ These electrical pulses irreversibly damage the cell membrane and induce apoptosis.^{16,17} Owing to its distinct mechanism of action, IRE has been traditionally proposed as a relatively safer option for treating hepatobiliary and pancreatic malignancies at high risk locations compared with thermal ablation.^{18–20} Systemic symptoms like transient abdominal pain, fever, and diarrhea are common.^{21–24} Additionally, recent literature suggests that the procedure may also be associated with severe complications.²¹ There is a lack of literature exclusively reporting the complications of percutaneous IRE for PDAC. Moreover, factors associated with complications of IRE have not been assessed in the published literature.

Thus, this study systematically reviews the complications associated with percutaneous IRE in patients with PDAC.

Materials and Methods

This systematic review was reported according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines.²⁵ Our institutional ethics committee does not review systematic reviews and meta-analyses. Two independent reviewers (H.B., M.M.) conducted a detailed search in the PubMed and EMBASE databases from inception till May 2024. The search was conducted with the terms “pancreas adenocarcinoma” OR “pancreatic ductal adenocarcinoma” OR “pancreas cancer” OR “pancreas carcinoma” AND “irreversible electroporation” OR “irreversible electroporation device” OR “ablation therapy” OR “catheter ablation” OR “non-thermal irreversible electroporation.” There were no time or language restrictions. The references of selected studies were also reviewed for articles meeting the inclusion criteria. If there were differences between the two reviewers regarding the inclusion or exclusion of the articles, a third reviewer (P.G.) was involved.

Selection Criteria

The studies that reported the safety of IRE in the management of the PDAC and graded the severity of complications using standard reporting guidelines were included for analysis. Only human studies were included. Studies reporting technical efficacy alone were not included. Case reports, case series (<10 cases), review articles, and duplicate publications were excluded from the analysis. Studies reporting the safety of the open surgical technique of IRE were also excluded. Studies including both open and percutaneous

IRE were included only if a separate complication rate for the latter was reported. Studies were also excluded if no specific grade of severity of complications was mentioned.

Outcome Measures

The primary outcome of interest was the complication rate associated with the percutaneous IRE procedure. Only complications related to the IRE procedure were included. The grades of the reported complications were recorded.^{26,27} The major/severe complications were defined as a Clavien–Dindo scale of greater than 2, Common Terminology Criteria for Adverse Events (CTCAE) grade of greater than 3, or Society of Interventional Radiology (SIR) grades C to F. The IRE-related mortality was also recorded. It was defined as major IRE-related complications that lead to death.

Data Extraction

Study design, study year, number of subjects, age, sex, and origin of the study cohort were extracted. The tumor size, stage, and image guidance for percutaneous IRE were recorded. The complications (including overall rate and major and minor complications) were recorded. Finally, the IRE-related mortality was recorded for each study.

Risk of Bias and Quality Assessment

The Newcastle–Ottawa scale was used for evaluating the quality of the studies by two reviewers (H.B. and M.G.) independently. A third reviewer (P.G.) resolved the ensuing discrepancies. In this study, rating was defined as good, fair, and poor based on the selection, comparability, and outcome domains.

Results

Study Details

A total of 2,324 nonoverlapping studies were identified, of which 1,638 were excluded based on the titles. The abstracts of the remaining articles were screened independently by two investigators. Fifty-one articles were then subjected to full-text reading. Data from 14 articles were finally included. Of these, nine were prospective^{21–24,30,32,33,35,37} and five were retrospective^{28,29,32,34,36} (►Fig. 1). A total of 600 patients were included, of which 584 were subjected to percutaneous IRE. Patient and tumor characteristics are shown in ►Table 1. All the studies employed adjuvant chemotherapy/radiotherapy, which is detailed in ►Table 1.

Complications

Prevalence of Complications

The total number of reported complications was 748. One-hundred fourteen complications were major complications, while 634 were minor complications. The overall IRE-related mortality was 4/584 (0.68%; ►Table 2).

Severity of Complications

CTCAE was used by most of the studies to grade the adverse events.^{21,22,28,29,32,34,36,37} Few studies used the

Total identified: 2,324

| | |
|------------|-------|
| PubMed | 1,724 |
| Embase | 600 |
| Duplicates | 268 |

| | |
|--------------------------|-------|
| Remaining screened | 2,056 |
| Excluded based on titles | 1,638 |

| | |
|---|-----|
| Full text articles and abstracts assessed for eligibility | 418 |
|---|-----|

Excluded :

| | |
|---|-----|
| Abstract not relevant | 210 |
| Languages other than English | 7 |
| Book page | 3 |
| Case reports | 11 |
| Review articles | 64 |
| Meta-analysis | 11 |
| Expert survey | 2 |
| Open IRE | 19 |
| Complications exclusive to percutaneous IRE not specified | 2 |
| No specific complication severity scale used | 10 |
| Complications not specified | 12 |
| Murine models | 23 |
| Manual search | 7 |
| Sample size <10 patients | 9 |
| Final included | 14 |

Fig. 1 Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flowchart. IRE, irreversible electroporation.

Clavien–Dindo scale to grade the complications' severity.^{23,24,30,31,35} Belfiore et al used the SIR classification.³³ The details of the severity of the complications are presented in ► **Table 2**.

Interval between IRE and Complications

Only a few studies mentioned the exact time interval of onset of complications.^{22,24,29–32,34,35,37} The rest of the studies mentioned a follow-up period post-IRE procedure^{21,23,28,33,36} (► **Table 2**).

Specific Complications

The most common complications were abdominal pain ($n = 137$; 18.3%), diarrhea ($n = 57$; 7.6%), pancreatitis ($n = 57$; 7.6%), and nausea/vomiting ($n = 45$; 6%) reported by 14 studies.^{21–24,28–37} The system-wise complications are reported in ► **Table 3**. ► **Table 4** details the major complications.

IRE-Related Mortality

IRE-related mortality was reported in four studies.^{21,23,24,31} The overall mortality rate was 0.68% (4/584; ► **Table 4**). Causes included duodenal perforation in two cases (50 days after IRE in both).^{21,24} Other causes included vascular thrombosis involving hepatic artery and superior mesenteric artery (SMA; 3.6 months after IRE)²³ and purulent peritonitis (<30 days after IRE).³¹

Review of Factors Associated with Complications

As the data reported by studies was variable and heterogeneous, meta-regression could not be performed. A review of the individual studies revealed that the complication rate was higher with larger tumors and those undergoing repeat IRE.^{23,24,31} Other factors like adjuvant treatment, location of tumor, image guidance for IRE, and voltage settings of IRE were not reported to influence the rate of

Table 1 Patient and tumor characteristics in studies reporting percutaneous irreversible electroporation (IRE) complications in locally advanced pancreatic cancer

| Sl. no. | Study | Country | Year | Study design | No. of patients | Age (mean/median), y | Gender distribution (M/F) | Stage | Size of tumor | Site in pancreas | Adjuvant therapy (CT, RT) |
|---------|-------------------------------|-----------------|------|--------------|-----------------|--|---------------------------|---------------------------|---|----------------------------------|---|
| 1 | Ruarus et al ²¹ | The Netherlands | 2019 | P | 50 | Median age, 61 (IQR, 56–69) | 25/25 | 40: LAPC 10: recurrent | 4 cm | Head/ body/uncinate (21/12/7) | Pre-IRE CT |
| 2 | Pan et al ²² | China | 2020 | P | 92 | Mean age, 57.6 ± 10.6 | 52/40 | LAPC | 4.1 cm | All sites | Natural killer (NK) therapy |
| 3 | Månsson et al ²³ | Sweden | 2020 | P | 10 | Mean age, 65.9 ± 11.7 | 4/6 | Recurrent | < 5 cm | Not reported | Pre-IRE CT |
| 4 | Månsson et al ²⁴ | Sweden | 2019 | P | 24 | Median age, 68 (IQR, 60.5–74.5) | 15/9 | LAPC | Median: 3 cm | Head/body (18/6) | Post-IRE CT |
| 5 | Narayanan et al ²⁸ | USA | 2012 | R | 14 | Median age, 57 (range, 51–72) | 7/7 | 11: LAPC 3: metastatic | Median: 3.3 cm | Head/uncinate/body (6/1/7) | Pre-IRE CT and adjuvant RT |
| 6 | Scheffer et al ²⁹ | The Netherlands | 2017 | R | 25 | Median age, 61 (range, 41–78) | 13/12 | LAPC stage III | Median: 4 cm | Head/body/uncinate | Pre-IRE CT and adjuvant RT |
| 7 | Månsson et al ³⁰ | Sweden | 2016 | P | 24 | Mean age, 63.1 ± 8.5 | 12/12 | LPAC | < 5 cm | Not reported | Pre-IRE CT and adjuvant RT |
| 8 | Flak et al ³¹ | Denmark | 2019 | P | 33 | Mean age, 67.1. (range, 50–81) | 18/15 | LAPC | Median 3 cm | Head, body | Pre- and post-IRE CT |
| 9 | Narayanan et al ³² | The Netherlands | 2016 | R | 50 | Median age, 62.5 (range, 46–91) | 23/27 | LAPC | Mean: 3.2 ± 1.3 cm | Not reported | Pre-IRE CT and RT |
| 10 | Belfiore et al ³³ | Italy | 2017 | P | 29 | Mean age, 68.5 (range, 55–81) | 16/13 | LAPC stage III | Not reported | All sites | Post-IRE CT |
| 11 | Leen et al ³⁴ | UK | 2018 | R | 75 | Median age, 63.4 (range, 32–79) | 53/22 | LAPC | Mean 3.4 ± 1.2 | All sites | Pre-IRE CT |
| 12 | Liu et al ³⁵ | China | 2019 | P | 54 | Median age, 61 (range, 41–73) | 26/28 | LAPC stage III/IV | 4.9 ± 1.6 cm | All sites | Pre-IRE CT |
| 13 | Ma et al ³⁶ | China | 2023 | R | 103 | Median ages, 55 (range, 26–80) and 62 (range, 34–78) | 31/72 | LAPC | Median: 4.1 cm (group A) 3.8 cm (group B) | All sites | Pre-IRE CT in all PD-1/PD-L1 blockade (immunotherapy) post-IRE in 25 patients |
| 14 | Tasu et al ³⁷ | France | 2024 | P | 17 | Median age, 61 (range, 37–77) | 6/11 | LAPC | < 7 cm | Head, body, and uncinate process | Pre-IRE CT |

Abbreviations: CT, chemotherapy; IQR, interquartile range; LAPC, locally advanced pancreatic cancer; P, prospective; R, retrospective; RT, radiotherapy.

Table 2 Prevalence and severity of complications in studies reporting percutaneous irreversible electroporation (IRE) complications in locally advanced pancreatic cancer

| Sl. no. | Study | Image guidance | Scale used | Total no. of patients | No. of complications | Major | Grade I/II | III | IV | V | Time interval |
|---------|-------------------------------|----------------|---------------|-----------------------|-----------------------------------|------------------|------------|-----|----|---|---------------------------|
| 1 | Ruarus et al ²¹ | CT | CTCAE | 50 | 35 complications in 29 patients | 21 | 14 | 17 | 2 | 2 | Follow-up: 3 mo |
| 2 | Pan et al ²² | CT | CTCAE v 4 | 92 | 69 patients (75%) | None | All | | | | <30 d |
| 3 | Månsson et al ²³ | US | Clavien-Dindo | 10 | 4 patients (40%) | 2 | 2 | 1 | | 1 | Follow-up: 3 mo |
| 4 | Månsson et al ²⁴ | US | Clavien-Dindo | 24 | 9 patients (37.5%) | 6 | 3 | 2 | 3 | 1 | <30 d |
| 5 | Narayanan et al ²⁸ | CT | CTCAE v 4 | 14 | 3 patients (21.4%) | None | 3 | | | | Follow-up: variable |
| 6 | Scheffer et al ²⁹ | CT | CTCAE v 4 | 25 | 23 complications in 10 patients | 11 | 12 | 9 | 2 | | 3 mo |
| 7 | Månsson et al ³⁰ | US | Clavien-Dindo | 24 | 12 patients (50%) | 3 | 9 | 3 | | | <30 d |
| 8 | Flak et al ³¹ | US | Clavien-Dindo | 33 | Complications in 21/40 procedures | 8 | 13 | 6 | 1 | 1 | 3 mo |
| 9 | Narayanan et al ³² | CT | CTCAE v 4 | 50 | 45 complications in 31 patients | 10 | 35 | | 10 | | 30 d |
| 10 | Belfiore et al ³³ | CT | SIR | 29 | No major complications | None | | | | | Follow-up: 1, 3, and 6 mo |
| 11 | Leen et al ³⁴ | CT | CTCAE | 75 | 24 patients (32%) | 6 | 12 | 5 | 1 | | 3 mo |
| 12 | Liu et al ³⁵ | US/CT | Clavien-Dindo | 54 | 44 complications | 3 | 41 | 3 | | | <3 wk |
| 13 | Ma et al ³⁶ | US/CT | CTCAE | 103 | 437 complications | 32 | 405 | 32 | | | Follow-up: 1, 3, and 6 mo |
| 14 | Tasu et al ³⁷ | CT | CTCAE | 17 | 22 complications in 10 patients | 12 in 3 patients | 10 | 9 | 3 | 0 | 3 mo |

Abbreviations: CT, computed tomography; CTCAE, Common Terminology Criteria for Adverse Events; SIR, Society of Interventional Radiology; US, ultrasound.

Table 3 System-wise complications in studies reporting percutaneous irreversible electroporation (IRE) complications in locally advanced pancreatic cancer

| Sl. no. | Study | Infection | | | Biliary | | Vascular | | | | Gastrointestinal (GI) | | | | | | Others | |
|---------|-------------------------------|----------------|-----------|-------------|---------------------------------|----------------|-------------|-------------------|------------------------------|------------------------|-----------------------|---------|------------------|----------|---------------|---------------|--------|---|
| | | Abscess | Pneumonia | Peritonitis | Obstruction | Cholangitis | GI bleeding | Vascular stenosis | Bleeding duodenal ulcer (DU) | Portal vein thrombosis | Pancreatitis | Ascites | Reduced appetite | Diarrhea | Gastroparesis | Duodenal perf | | Nausea/vomiting |
| 1 | Ruanus et al ²¹ | | | | | | | | | | | | | | | | | Pain/arrhythmia/fever |
| 2 | Pan e t al ²² | 3 | 1 | | 4 | 2 | | 1 | 3 | | | | | 3 | 3 | 1 | 1 | Pain: 2 Arrhythmia: 1 Chyle leakage: 1 |
| 3 | Månsson et al ²³ | | | | | | | | | | | | | | | | | Hypoglycemia: 7 Fever: 31 Fatigue: 19 |
| 4 | Månsson et al ²⁴ | Sepsis:1 | | | | | 1 | | | | | | | 1 | | | | Pain = 1 |
| 5 | Narayanan et al ²⁵ | Infection: 2 | | | Common bile duct perforation: 1 | Bile leakage:1 | | | | | | | | 1 | 1 | | | Pneumoperitoneum: 1 |
| 6 | Scheffer et al ²⁶ | | | | | | | | | | | | | | | | | Pneumothorax: 1 Subcutaneous hematoma: 1 |
| 7 | Månsson et al ²⁰ | 1 | 1 | | 3 | 1 | 1 | 1 | 1 | | | | | 2 | 2 | | 4 | Pain = 3 |
| 8 | Flak et al ²¹ | 5 | | | | | 1 | 1 | 2 | | | | | | | | | |
| 9 | Narayanan et al ²² | 4 | | 1 | | | 3 | 1 | 1 | | | | | | | | | Abdominal pain: 3 |
| 10 | Belfiore et al ³³ | Sepsis:1 | | | | | | | 3 | | | | | | | | | Abdominal pain: 19 Gastric leak: 1 Hematomas: 3 Fever: 1 Constipation: 1 Urinary discomfort: 1 Back pain: 1 Malaise: 1 |
| 11 | Leen et al ³⁴ | Not elaborated | | | | | | | | | | | | | | | | Abdominal pain: 16 Needle tract bleed: 3 |
| 12 | Liu et al ³⁵ | Sepsis: 5 | | | | | 16 | | | | | | | | | | | Abdominal pain: 16 Needle tract bleed: 3 |
| 13 | Ma et al ³⁶ | | | | | | 3 | | | | | | | | | | 4 | Pleural effusion: 9 Fever: 6 Pain: 4 Hypokalemia: 4 Arrhythmia: 1 |
| 14 | Tasu et al ³⁷ | 20 | | | Biliary fistula: 23 | | | | | | | | | | | | 19 | Fever: 13 Pain: 80 Hypertension: 48 Arrhythmia: 38 Pleural effusion: 6 Abdominal distention: 6 |
| 15 | Ruanus et al ²¹ | 1 | | | | | 4 | | 1 | | | | | | | | 1 | Duodenal stenosis: 1 Pain: 9 |

Table 4 System-wise major complications in studies reporting percutaneous irreversible electroporation (IRE) complications in locally advanced pancreatic cancer

| Sl. no. | Study | Major complications (n) | Infection | Biliary | Vascular | Gastrointestinal (GI) | Others | IRE-related mortality |
|---------|-------------------------------|-------------------------|--------------------------------|--|---|---|---|--|
| 1 | Ruarus et al ²¹ | 21 | Abscess = 1 | 6 | Superior mesenteric artery (SMA) stenosis = 2 Bleeding duodenal ulcer (DU) = 1 | Pancreatitis = 3 Pancreatic fistula = 1 Reduced appetite = 1 Gastroparesis = 3 Duodenal perforation = 1 | Chyle leakage = 1 | 1 Cause: duodenal perforation leading to euthanasia |
| 2 | Pan et al ²² | None | | | | | | None |
| 3 | Månsson et al ²³ | 2 | Sepsis: 1 | | Thrombosis: 1 | | | 1 Cause: vascular thrombosis (hepatic artery and SMA) |
| 4 | Månsson et al ²⁴ | 6 | 1 | Common bile duct (CBD) perforation = 1 Bile leakage = 1 | | Duodenal perforation = 1 Pneumoperitoneum = 1 Pancreatic abscess = 1 | | 1 Cause: duodenal perforation |
| 5 | Narayanan et al ²⁸ | None | 1 | | | | | None |
| 6 | Scheffer et al ²⁹ | 11 | | 4 | Bleeding DU = 1 SMA stenosis = 1 | Pancreatitis = 3 Vomiting = 1 Reduced appetite = 1 | | None |
| 7 | Månsson et al ³⁰ | 3 | | | Superior mesenteric vein (SMV) thrombosis with bleeding = 1 Bleeding DU = 1 | Gastroparesis = 1 | | None |
| 8 | Flak et al ³¹ | 8 | Abscess = 2 Peritonitis = 1 | | Bleeding DU = 1 GI bleeding = 1 | Pancreatic pseudocyst = 1 | Ascites = 2 | 1 Cause: peritonitis |
| 9 | Narayanan et al ³² | 10 | Sepsis = 1 | | | Pancreatitis = 1 Gastric leak = 1 | Abdominal pain = 7 | None |
| 10 | Belfiore et al ³³ | Not elaborated | | | | | | None |
| 11 | Leen et al ³⁴ | 6 | Sepsis = 5 | | | | Nausea = 1 | None |
| 12 | Liu et al ³⁵ | | | | Hemorrhage = 3 | | | None |
| 13 | Ma et al ³⁶ | 32 | | Biliary fistula = 3 | Hemorrhage = 3 | Pancreatitis = 5 | Cardiac arrhythmia = 9 Hypertension = 12 | None |
| 14 | Tasu et al ³⁷ | 12 | Septicemia = 1 | | Intraperitoneal bleeding = 4 Portal vein thrombosis = 1 | Pancreatitis = 3 Pancreatic fistula = 1 Duodenal stenosis = 1 Loss of appetite = 1 | | None |

Table 5 Factors associated with complications in studies reporting percutaneous irreversible electroporation (IRE) complications in locally advanced pancreatic cancer

| Study | Factor reported | Complication rate outcome |
|--|---|---|
| Ruarus et al ²¹ | Location of tumor | No correlation |
| Pan et al ²² | Adjuvant therapy (natural killer [NK]) | No significant difference between IRE and IRE-NK group |
| Månsson et al ²³ | Larger tumor size | Higher vascular complications |
| Månsson et al ²⁴ | Timing of adjuvant therapy (chemotherapy) | Higher rate of severe complications in IRE prior to chemotherapy (25%) v/s IRE post-chemotherapy (12.5%) |
| Månsson et al ³⁰ | | |
| Flak et al ³¹ | Tumor size | Higher overall and major complications in size >3.5 cm (67 and 28%, respectively) vs. size ≤3.5 cm (41 and 14%, respectively) |
| Factors extracted | | |
| Månsson et al, ²³ Månsson et al, ²⁴ Månsson et al, ³⁰ and Flak et al ³¹ Ruarus et al, ²¹ Pan et al, ²² Narayanan et al, ²⁸ Scheffer et al, ²⁹ Narayanan et al, ³² Leen et al, ³⁴ and Tasu et al ³⁷ | Guidance for IRE Ultrasound (US) vs. computed tomography (CT) | US 40, 37.5, 50%, and 63.6% CT 58, 75, 21.4, 40, 62, 32, and 58.8% |
| Ruarus et al, ²¹ Pan et al, ²² Månsson et al, ²³ Månsson et al, ²⁴ Narayanan et al, ²⁸ Scheffer et al, ²⁹ and Månsson et al ³⁰ Narayanan et al, ³² Leen et al, ³⁴ and Tasu et al ³⁷ | Technique of IRE 1,000–1,500 V vs. Up to 3,000 V | 58, 75, 40, 37.5, 21.4, 40, and 50% 62, 32, and 58.8% |
| Månsson et al, ²⁴ Narayanan et al, ²⁸ Flak et al, ³¹ Narayanan et al, ³² and Leen et al ³⁴ Ruarus et al, ²¹ Pan et al, ²² and Scheffer et al ²⁹ | Tumor size < 3.5 cm vs. ≥3.5 cm | 37.5, 21.4, 63.6, 62, and 32% 58, 75, and 40% |
| Ruarus et al, ²¹ Månsson et al, ²³ Leen et al, ³⁴ and Tasu et al ³⁷ Narayanan et al, ²⁸ Scheffer et al, ²⁹ Månsson et al, ³⁰ and Narayanan et al ³² Pan et al ²² Månsson et al ²⁴ | Adjuvant therapy Pre-IRE chemotherapy Pre-IRE chemoradiotherapy NK therapy followed by IRE Post-IRE chemotherapy | 58%, 40, 32, and 58.8% 21.4, 40, 50, and 62% 75% 37.5% |

complications.^{21,22,30,31} These factors are summarized in ►**Table 5**.

Risk of Bias and Quality Assessment

►**Table 6** shows Newcastle-Ottawa quality assessment scores.

Discussion

The results of our systematic review reveal that major complications associated with percutaneous IRE for PDAC are uncommon. Most are minor. The IRE-related mortality is rare.

IRE is a novel ablative technique used for local ablation of various hepatobiliary malignancies, particularly PDAC.^{38,39} It offers substantial benefits in patients with unresectable PDAC who have a dismal prognosis and a low survival rate. PDACs are detected at an advanced stage due to nonspecific abdominal complaints; hence, most patients fall into the LAPC/metastatic category.^{1,40} Since major vascular encasement constitutes an inoperable disease, using other local thermal ablative techniques like RFA, MWA, or cryoablation

are less effective due to the heat sink effect and the risk of vascular/biliary damage.^{41,42} IRE offers advantages as it theoretically preserves the vascular structures surrounding the tumor. It acts by disrupting the cellular homeostatic mechanism and inducing cell apoptosis.^{43–46} It has now been increasingly used in combinations with adjuvant chemotherapy/radiotherapy to downgrade the tumor, offer them resectability, or, in metastatic disease, to ensure better survival.³⁴

Few studies have compared RFA and MWA in the ablation of PDAC and reported that MWA is safer and more efficacious than RFA.^{47,48} The overall survival following RFA has been reported to be 19 to 26.5 months.⁴⁷ The overall survival data following MWA are not available. Both these techniques are associated with complications including pancreatitis, pancreatic fistula, ascites, vascular thrombosis, and biliary and duodenal injury, with a higher incidence of the latter three complications in patients undergoing RFA.⁴⁷ The overall complication rates of RFA and MWA are reported to be 0 to 26% and 20 to 40%, respectively. However, it is pertinent to note that there is very limited literature on percutaneous RFA and MWA.^{47,48} Few studies have thus reported IRE as a safer

Table 6 The Newcastle-Ottawa Scale (NOS) for quality assessment of the included studies

| Study | Selection | | | | Comparability | | | | Outcome/exposure | | | | | | Total score | | | | |
|-------------------------------|-----------|---|---|---|---------------|---|----------|---|------------------|----|----------|----|----------|---|-------------|----------|-----------|---|---|
| | Reader 1 | | | | Reader 2 | | Reader 1 | | Reader 2 | | Reader 1 | | Reader 2 | | Reader 1 | Reader 2 | Consensus | | |
| | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1a | 1b | 1a | 1b | 1 | 2 | | | | 3 | |
| Ruarus et al ²¹ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 6 | 8 | 7 |
| Pan et al ²² | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 9 | 9 | 9 |
| Månsson et al ²³ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 6 | 8 | 7 |
| Månsson et al ²⁴ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 6 | 8 | 7 |
| Narayanan et al ²⁸ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 5 | 4 | 5 |
| Scheffer et al ²⁹ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 6 | 8 | 7 |
| Månsson et al ³⁰ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 6 | 7 | 7 |
| Flak et al ³¹ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 8 | 8 | 8 |
| Narayanan et al ³² | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 6 | 5 | 6 |
| Belfiore et al ³³ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 7 | 4 | 5 |
| Leen et al ³⁴ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 5 | 3 | 4 |
| Liu et al ³⁵ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 7 | 8 | 8 |
| Ma et al ³⁶ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 7 | 7 | 7 |
| Tasu et al ³⁷ | * | | * | * | * | | * | * | * | * | * | * | * | * | * | * | 6 | 8 | 8 |

technique than RFA in PDAC, associated with lower mortality and a better safety profile.^{12,39,49}

Literature regarding the use of cryoablation in pancreatic cancer is also limited. Complications of cryoablation are attributed to the small volume and fragility of the pancreatic parenchyma and its proximity to structures like the stomach, duodenum, colon, and vascular structures at the porta.^{50–52} Reported complications range from delayed gastric emptying to biliary injury and intra-abdominal bleeding.^{13,53,54}

In a systematic review by Scheffer et al evaluating the safety and efficacy of IRE for various malignancies, it was reported that the complication rate was highest for the lung (50%), followed by renal (36%), pancreas (19%), and liver tumors (16%). Major complications, including CTCAE III, IV, and V, and procedure-related mortality were observed only with pancreatic tumors.⁵⁵ Gupta et al reported a complication rate of 23.7% and major complications in 6.9% of patients undergoing IRE for liver malignancies.⁵⁶ Few studies compared percutaneous and open IRE for pancreatic cancer.^{31,35} Liu et al enrolled patients undergoing IRE with both open and percutaneous techniques. Percutaneous IRE was reported to have a higher number of overall complications and major complications than patients undergoing open IRE.³⁵ We note that most of the complications after percutaneous IRE are minor. Intraprocedural complications like muscle weakness, cardiac arrhythmias, and hypotension are common and self-resolving. Postprocedure gastrointestinal symptoms, such as nausea, vomiting, diarrhea, and abdominal pain, and systemic symptoms like fever, fatigue, and chills predominate.

Although IRE is a nonthermal technique of ablation and theoretically does not damage the extracellular matrix and collagenous structures, it is still reported to cause biliary epithelial and vascular endothelial damage producing major complications.^{17,49} Biliary complications include bile leaks and strictures. Scheffer et al recommended prophylactic biliary stent placement/percutaneous biliary drainage even without preexisting biliary obstruction.²⁹ The vascular complications include portal vein thrombosis, superior mesenteric vein thrombosis, and SMA occlusion. These had variable outcomes requiring prolonged anticoagulation and/or stenting.^{21,23,29–31,35} Intra-abdominal bleeding is another major complication. Duodenal ulcer leading to perforation or bleeding is seen in the cases where the tumor is close to the duodenum.^{21,29–31,35} Liu et al reported duodenal hemorrhage only in patients with duodenal/gastric and vascular invasion.³⁵

There were a few limitations to our study. First, the available data on percutaneous IRE are limited. Second, many studies had a heterogenous population with PDAC as one of the subgroups rather than exclusive tumor type. Third, many studies included both percutaneous and open surgical methods of IRE. Fourth, the severity grading system used by the studies was variable. Fifth, a few studies may have overlapping patients.^{28,32} Finally, it would have been helpful to compare the complication rate of IRE with other ablative techniques. However, there are very few comparative studies.

In conclusion, our systematic review provides insight into the complications associated with percutaneous IRE for PDAC. Although most complications are minor, significant hemorrhagic and biliary complications can occur, despite IRE being theoretically considered safe for blood vessels and bile ducts. Thus, caution must be exercised in treating tumors causing vascular encasement. Due to the limitations of available data, trials comparing different ablative techniques and open versus percutaneous methods must be conducted to identify the safest method to treat patients with LAPC.

Ethics Approval

As per the institute ethics committee, ethical approval is not required for systematic review and meta-analysis.

Availability of Data and Materials

All data associated with the manuscript have been presented in the paper.

Authors' Contributions

H.B., M.G., M.M. screened the studies, extracted data, performed quality assessment, and wrote the initial draft. V.S. and P.G. wrote the initial draft and critically revised the manuscript.

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Conflict of Interest

None declared.

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